The 105th Almond Festival was a Special Event for all in the Capay Valley.

The FFA Breakfast in the Esparto High School Gym

Enjoying the Road Trip in Capay, while waiting for the band to play.

Lots of books for sale at the Esparto Library

Frank Nichols displaying his antique engines. Doesn’t he look happy!

Old Chevrolets on display, A FEW of the many old cars shown at the festival.

Colorful Guinda Grange Hall had many interesting items for sale.
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For article inquires, call (530) 787-4110, or send an e-mail message to Greta Taber, Editor, at ValleyVoice@RISEinc.org For billing inquiries or ad rates, call (530) 787-4110. All articles are due by the 20th of each month. Ads must be paid in advance and accounts must be paid up to date by the 20th of each month. We reserve the right to edit articles at our discretion, due to space limitations and other criteria. Articles published do not necessarily express the views of the Valley Voice editor. The Valley Voice is published monthly in partnership with Yocha Dehe Wintun Nation, RISE, Inc., and Esparto Unified School District.

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See Rumsey pictures on page 15
Yocha Dehe Wintun Nation Swears In Rebecca Ramirez as Chief of the Yocha Dehe Fire Department

Former Woodland Fire Chief Takes Over for Retiring Chief Gary Fredericksen

The Yocha Dehe Wintun Nation has sworn in Rebecca Ramirez as the new Fire Chief of the Yocha Dehe Fire Department (YDFD). She became YDFD’s third chief following the retirement of Chief Gary Fredericksen.

“We are pleased to have Chief Ramirez join as the next leader of our Yocha Dehe Fire Department,” said Yocha Dehe Tribal Chairman Anthony Roberts. “Our team has known Chief Ramirez for many years as an effective partner in firefighting in our region. Her depth of experience and exemplary career made her stand out as the right choice as YDFD’s new chief.”

Ms. Ramirez was, until recently, the Fire Chief of the City of Woodland and has nearly three decades in the fire service. She began her career as a volunteer for the California Department of Forestry, San Bernardino in 1991 while pursuing her education at Crafton Hills College. She joined the City of West Sacramento Fire Department as its first female firefighter in 1993 and attended the Sacramento Regional Fire Academy. Over 24 years with West Sacramento Fire, she worked her way up from Firefighter to Engineer, Captain, Battalion Chief, Division Chief and, finally, Deputy Chief. In 2017, she became Fire Chief in Woodland.

“The Yocha Dehe firefighters are a dedicated group of professionals with a strong commitment to the people they serve and to one another,” said Chief Ramirez. “I am both privileged and honored to lead them and to serve under the progressive leadership of the Yocha Dehe Tribal Council.”

“We’re thrilled to welcome Rebecca Ramirez as our new Fire Chief. She brings the department years of invaluable experience in fire safety and exceptional energy,” said James Kinter, Yocha Dehe Tribal Secretary and Chair of the Fire Commission. “With her coming aboard, we’re certainly excited for this new chapter for the Yocha Dehe Fire Department.”

“I have worked with Chief Ramirez for the past 27 years,” said retiring Chief Fredericksen, who led YDFD since 2012. “She is a true leader and dedicated to the fire service in Yolo County.”

Chief Ramirez takes over a department with 33 uniformed and three administrative employees and a full complement of equipment. In addition to fire suppression and emergency medical services, YDFD performs technical rescues, including swift-water, trench, confined-space, low-angle, vehicle extrication and specialized search and rescue.

Founded in 2004, YDFD’s mission is to serve Capay Valley and surrounding communities, working hand-in-hand with existing resources to provide the highest level of fire and emergency services. Through mutual aid and other cooperative agreements with regional departments and CalFire, YDFD proudly serves as a community partner, responding to emergencies in Northern California and beyond and taking part in joint training exercises year around to ensure the highest level of preparation. YDFD is the only internationally accredited tribal fire department in the world. www.yochaede.orgfire

Submitted by Sophia Cazanis

Advanced Learning Opportunities for Esparto Students

Christina (Christy) Goennier Superintendant

The students of Esparto Unified School District are provided a variety of opportunities to advance their studies. Most people are familiar with the Advanced Placement Program (AP). AP courses enable our students who are willing and academically prepared, the opportunity to take college level work in high school. In the spring of each year, students take an exam to determine if they will be issued college credit.

A second option that is available to our students is Dual Enrollment classes. Dual enrollment classes allow our high school students to take college classes while they are still enrolled at our high school. Students receive both high school and college credit. We have partnered with Woodland Community College to offer a variety of Dual enrollment options for our students. Starting in 2016-17 we had four courses to offer and as of 2019-20 we now have eight Dual enrollment course options. Students can earn from 1-4 credits depending on the course.

Both of these pathways provide a significant savings to the students and parents of Esparto Unified School District. For example, the cost of one unit at Woodland Community College is $46.00. Currently, EUSD has 172 (59.5%) of our students enrolled in at least one dual enrollment course. For a one unit class that is a cost savings of $7,912.

EUSD is committed to providing a high quality instructional program to our students and community.

THE CANDIDATES’ DEBATE IN ESPARTO WAS WELL-ATTENDED

On February 11, candidates for the office of Yolo County 5th district supervisor faced off in a debate forum hosted by Capay Valley Vision and attended by about 140 people. In the first hour, incumbent Duane Chamberlain and challenger Angel Barajas answered questions on topics important to the greater Esparto-Capay Valley region as identified in the Capay Valley Action Plan, a recent project by Capay Valley Vision where multiple public input workshops were held. Topics included agriculture, crime, natural disasters, cannabis cultivation, representation at the County level, and affordable housing. In the second hour, the candidates answered questions from the audience that covered a wide range of topics including cannabis, immigration, casino impacts, education, road conditions, litter, and creek management.

The election is March 3, don't forget to vote!

Capay Valley Vision was created to enhance ongoing communication within the diverse community of the Capay Valley, reflecting all opinions and searching for common ground on the vision for the Valley's future. Recognizing that change is inevitable, the organization will work to manage and guide change in a way that best preserves the Valley's rural character, agriculture, history and natural environment, while supporting a vital local economy. capayvalleyvision.org

Pictured left is Angel Barajas and pictured right is Duane Chamberlain

Submitted by Giacomo Moris
Career Week returns to Esparto Elementary School

Esparto Elementary School will hold its 5th Annual Career Week during the week of March 16-20, 2020. We are seeking parents, family, and community members interested in speaking to classes about their educational path and career. In past years we have had everything from farmers, nurses, and military members to a professional wrestler. If you are interested in speaking during Career Week, please contact Principal Erika St. Andre at (530) 787-3417 or estandre@eusdk12.org.

Design a Robot in Middle School

By Spencer Krautkraemer

Two years ago Esparto Middle School was the recipient of 12 Lego Mindstorm kits from the Migrant Education Program. These kits were purchased so that we could offer an engaging summer program and then continue to utilize them to provide enriching experiences for our students.

Each year these robotics kits, which feature an array of motors, sensors and structural components, are used in our 6th grade robotics program to introduce our newest students to the wide world of robotics. Using the Mindstorm educational program, students are able to explore topics ranging from simple gearing systems to solar and wind power (complete with working solar cells), to space exploration. As they approach each topic students are encouraged to use their creativity to find their own solutions to challenging pregnancy situations.

Here we have a student creating his own design to move a metal ball around a 90 degree turn and then use a touch activated sensor to detect when it has arrived.

Women, men and couples from Esparto will soon have local access to pregnancy help, thanks to a motor home outfitted to bring services right to them from Spero (formerly Pregnancy Support Group) located at 120 Court Street in Woodland.

Spero’s 38-foot motor home provides ample space to conduct client education as well as a private counseling/medical office area.

Spero will be in Esparto every Wednesday from 12:00 p.m. to 4:00 p.m. The mobile office will be located in the RISE parking lot at 17317 Fremont St.

Spero specializes in providing and directing clients to spiritual, educational, medical and support services in an atmosphere that is free of politics and empowers mothers to choose life for their babies. Our mission is to offer hope to women in challenging pregnancy situations.

Spero offers a web-based educational platform that educates parents about pregnancy, labor and delivery, breastfeeding, parenting, sexual integrity and healthy relationships. Clients can enjoy learning much needed pregnancy and parenting skills while earning “Mommy Bucks”. Mommy Bucks allow clients to get necessary materials such as diapers, clothing, and new baby items. Spero’s mobile office will come loaded with most of these items to be an immediate help to their clients.

At this time, Spero mobile outreach will offer facilitation of free pregnancy tests and non-diagnostic, educational ultrasounds along with its pregnancy education. When Spero receives its medical license later this year, they will then offer free of charge pregnancy testing, limited diagnostic ultrasounds and STD testing and treatment.

Spero is very excited to have a mobile office that will allow them to visit the towns all across Yolo County and provide the same services currently they provide at their Woodland location. All services are free of charge. Coming directly to its clients has been a vision of Spero for a long time. Now clients can benefit from easier access to services, especially for those clients that find it difficult to make it into Woodland.

Spero hopes to be a positive addition to the Esparto community.

Submitted by Carol Duty, Spero Executive Director

March 19: First Day of Spring
CTE Digital Arts Media and art students have been busy. Tasked with creating a new design for this year's Almond Festival t-shirt, art and media students worked together to develop a look that would feature a new focus: the classic car show that occurs every year during the festival.

Art students were assigned to sketch out a few ideas as part of their weekly sketch. Once complete, these ideas were forwarded to the Chamber of Commerce for consideration by the Almond Festival Committee. Three concepts were chosen and then forwarded to digital media students to resolve into a graphic design. Art students Chad Milliron, Jade Vanderpool and Osvaldo Gutierrez sketches were chosen. Designers Karla Guijarro and Elizabeth Jimenez completed the graphics that were eventually chosen for consideration. These students will be acknowledged publicly at the festival with a free shirt and a gift card. Art and digital media students are currently putting together a shirt design for this year's Donkey Basketball Game scheduled for March 13th.

We are super-excited about our soccer teams and wrestling teams post-season runs. Both of our soccer teams have made it to the playoffs. We are super-excited and can't wait to see what they do. Our wrestling team is going to the North Section Masters Tournament. It's an amazing feat that the entire team is participating. We are proud of each and every one of them!

Upcoming Important dates:
- 3/11 Minimum Day; CTE Career Day
- 3/20 End of 3rd quarter; minimum day
- 3/23 Sweetheart Week
- 4/8 Minimum Day
- 4/9 Minimum Day
- 4/10-17 Spring Break-no school
- 4/25 Memorial Day-no school
- 5/25 End of school; Graduation

Lions Club Speaker Contest
The Lions Club Speaker Contest was held on February 6 in the meeting room of the Esparto Fire Department. Five Esparto High School students participated in this event. The topic was “Homelessness in California: What is the Solution?”

The student speakers were Sophomore Gian Fernandez; Junior Fatima Montes; Sophomore Vanessa Anaya; Senior Kendra Lune; and Junior Avangelle Dennis.

Each of these students gave a dynamic speech on this topic. Their awareness of the problems of homelessness was very evident. The solutions they gave showed real concern and caring.

The winner of this contest was Sophomore Gian Fernandez who will continue to the next level of the contest in Woodland on March 5. Congratulations to all of these excellent speakers. Perhaps their ideas and solutions should be considered by our local governments.

Submitted by Diana Rowland, Lion and Esparto High School English Teacher

In February, a visiting team from the Western Association of Schools and Colleges (WASC) came to Madison for a Mid-Cycle Review. Madison Community High School participated in a full self study during the 2016-2017 school year. The result of that visit, resulted in Madison receiving a 6 year accreditation with a 1 day mid-cycle review.

The two-member team met with our students, teacher, and site administration to review the Madison program. The accreditation process assures that the school's purposes are appropriate and being accomplished through a viable educational program and that it is a trustworthy institution for student learning. Accreditation validates the integrity of the school's program and transcripts.

The visit was very positive with our Madison students and staff having the ability to talk about the strengths of our program and explain the direction we would like to take the program in order to make it stronger. The visiting team was pleased with many of the ongoing practices at Madison and offered some general recommendations as well. Their final report will be submitted to WASC in the near future.

Connected Parenting Workshop
Thursday, March 26, 6:30-8:45 p.m.
Calvary Baptist Church, 26479 Grafton Street, Esparto

Are you troubled and perplexed by some of your child’s behaviors? Does it seem like nothing you try ever seems to really help?

Calvary Baptist Church and Countryside Community Church are sponsoring Connected Parenting on Thursday, March 26, from 6:30-8:45 p.m., at 26479 Grafton Street.

Eric Osborn, an Empowered to Connect trainer, will provide an overview of “trust-based parenting.” This free seminar equips parents with a holistic understanding of their child’s needs and development, while empowering them with the tools and strategies to effectively meet those needs, build trust, and help their child heal and grow.

Eric and Amy have adopted four wonderful special needs children who deal with a variety of issues: fetal alcohol spectrum disorders (FASD), attachment disorders, sensory processing disorders (SPD), learning handicaps, and autism.

Eric and Amy authored the book In the Midst Of... a short guide for encouraging parents of special needs children. Their passion is helping parents navigate the often choppy waters of parenting children from hard places.

For more information about the training content visit http://www.tfmnotalone.org or call Eric at (530) 379-3126.

Due to the fragile nature of children from hard places, childcare will not be available for this event.

Submitted by Carolyn Nordstrom

Volume 22, Edition 3, March 2020
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Sunday 8:30 a.m. English
Wednesday 6:00 p.m. Bilingual

Confession
Sunday 8:00 a.m.—8:20 a.m.

Come to me, all you who labor and are burdened, and I will give you rest.
(Matthew 11:28)

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The 105th Almond Queen Pageant

The 105th Almond Queen Pageant took place on Saturday February 15 at 6:30 p.m. at the Guinda Grange Hall. Five talented young women took the stage following a delicious tri-tip dinner put on by the Grange Association. The dinner featured a spring mix salad, green beans, rolls, potatoes, sweet sausage and mouthwatering tri-tip. The dinner was finished off with a choice of either delicious carrot or chocolate cake made by the Esparto High School Culinary class.

Once dinner concluded, the five contestants took the stage to present their speeches on the topic, *If you were a judge for the Almond Queen Pageant, what qualities would you look for in the Almond Queen to best represent the Capay Valley?* All of the young ladies worked very hard on their speeches and had many great qualities that they would like to see in the next Almond Queen, including someone who puts their community first, has aspirations and goals in the future, is humble and kind and can be a leader. Following the speeches the contestants then had to answer a follow-up current event question and a fun question.

This year the three judges had a very difficult job as the competition was very close. While the three judges tallied their scores, the Rumsey Improvement Association hosted a raffle with many amazing prizes. These prizes were all donated by local farms and businesses and truly showcased the amazing region we live in. There was also a silent art auction that featured some beautiful one of a kind art.

The Rumsey Improvement Association is the sponsor of the pageant and awards the winner a $1,000 scholarship and awards the runner-up a $250 scholarship. Each contestant also receives a $50 scholarship provided by the Esparto Chamber of Commerce, the sponsor of the Almond Festival.

When all was said and done three honors were bestowed, Miss Congeniality, voted by the girls; First Runner Up and the Almond Festival Queen. Kelly Schwenger was awarded Miss Congeniality and First Runner up and the 2020 Almond Festival Queen was Sierra Winter. These lovely young ladies presided over the Almond Festival Activities on Sunday, February 23. They began at the FFA breakfast in Esparto at 9:00 a.m., followed by a stroll through the park until about 11:00 a.m. They then made their way up the Valley, stopping at many venues on the way: the Road Trip Bar and Grill, The Guinda Grange Hall, and the Rumsey Hall. Almond Queen Contestants were Sierra Winter, Kelly Schwenger, Kiera Edwards, Andrea Garza, Alondra Lua.

Submitted by Caitlin Zavala Almond Queen Coordinator
Assemblymember Cecilia Aguiar-Curry Introduces Bill to Require California Olives in "California" Olive Oil

Assemblymember Cecilia Aguiar-Curry (D-Winters) introduced Assembly Bill 2074, to establish clear guidelines for when companies from the olive oil industry can use the term “California” in their product labeling and marketing. This measure will protect consumers and farmers by providing clear information about the source of the olives and olive oils in the products they buy.

California has had a thriving olive oil industry since the mid-19th century. The state produces 4% of the world’s olive oil from over 75 varieties of olives. Due to California’s well-established reputation for producing high-quality olive oils, demand for California olive oil is increasing.

Because of this spike in demand, there has been an increase in branding of olive oil with the term “California” or a California regional designation when the product on shelves is actually blended using oils sourced from other regions of the world, including Spain, North Africa, and Argentina. As a result, a bottle of olive oil may be advertised and branded as “California” or a specific California region, but actually come from other countries. This has led to consumer confusion, and places California olive farmers and oil producers at a competitive disadvantage.

AB 2074 establishes clear guidelines for when olive oil producers can use the term “California” in their labeling. The bill strengthens existing law by making it illegal to make any false representation that an olive oil is produced entirely from olives grown within California when it is not. Similarly, the bill prohibits any representations indicating that an olive oil was produced from olives grown in a specific region of California, unless at least 85% of the olive oil was produced from olives grown in that region.

“California has the best agricultural products, and the highest environmental and labor standards, in the world. Consumers look for California-grown foods because they associate California with quality. Allowing companies to trick consumers into thinking they’re buying a California product because they slap ‘California’ on their package undercuts everything we’re trying to accomplish as a State,” said Aguiar-Curry.

“This bill will ensure that consumers know exactly what they are buying, and it will help to support our local farmers who are producing world class oils from olives grown here in our State. These folks may try to confuse my colleagues, but they’re making a profit off our state, and the price we ask for, that is to actually produce a California product.”

By establishing stronger guidelines for olive oil producers to follow in their branding, labeling, packaging, and advertising, AB 2074 provides consumers with clear information about what they are purchasing. AB 2074 does not restrict blending oils from different sources and destinations, but it makes clear through establishing standards that when “California” is used, the product actually comes from California. This bill strengthens the integrity of the world-renowned California olive oil brand.

Submitted by Assemblymember Cecilia Aguiar-Curry
March Programs at the Esparto Regional Library

Celebrate the first blush of spring with programs held during the month of March at Yolo County’s Esparto Regional Library located at 17065 Yolo Avenue in Esparto:

- **March is Women’s History Month!** In recognition of the centennial of the 19th Amendment, the 2020 theme celebrates women who fought for women’s right to vote in the United States; also honored are 20th and 21st century women who have continued the struggle (fighting against poll taxes, literacy tests, voter roll purges, and other more contemporary forms of voter suppression) to ensure voting rights for all. Check out our bibliography and display.

- **March 7 through April 18: In-N-Out Burger’s “Cover to Cover” Reading Program.** Children (ages 4-12) are eligible to participate in this fun reading challenge and receive a free In-N-Out coupon. For additional details visit the library or call (530) 787-3426.

- **March 11: Free Computer Class, 1:30 p.m.** This class will focus on “Defragging.” We also offer simple tech support, library computer resources, and a Q & A session. Registration is required and will be limited to the first ten signups. To register, call (530) 787-3426 or sign up at the library service desk. This class will be offered on the second Wednesday of each month.

- **March 12: Afternoon Family Movie, 3:30 p.m.** Join us for a friendly (rated G or PG) movie and free popcorn. For movie title call the library at: (530) 787-3426.

- **March 14: Growing Grapes, 10:30 a.m.** Program presented by the University of California Cooperative Extension Master Gardeners of Yolo County.

- **March 25: Caterpillar Puppets: Mr. Froggy Ace Detective, 3:30 p.m.** How will Mr. Froggy solve his case? Find out in this family friendly puppet show.

The following ongoing programs continue in March:

- **New! Lunch Beat:** Tuesdays and Thursdays 12:40–1:20 p.m. Need space to hang out and eat your lunch or snacks? You’re in luck! The Library has games, a music corner, and crafts. Don’t be shy and come on in. All teens welcome.

- **English Conversation Group:** Tuesdays at 1:30 p.m. Converse and I prove your English in a fun and relaxed setting with the aid of a group facilitator. Drop-in visitors are always welcome.

- **Aguas Frescas and Crafts:** Second Tuesday of the month at 3:30 p.m. Join us for a cup of refreshing Aguas Frescas while creating a fun craft.

- **Hora de Cuentos/Bilingual Spanish Story Time:** Thursdays at 10:30 am. Children (ages 0-5) and their parents or caregivers are invited to join us for stories, songs, movement, rhymes and finger-plays. All bilingual story times are provided through a grant from First 5 Yolo.

All programs are sponsored by the Friends of the Esparto Regional Library, are free to attend and, unless otherwise stated, no registration is required. For more information about events at the Esparto Regional Library, contact library staff at (530) 787-3426 or visit the Yolo County Library at www.yolocountylibrary.org (see calendar for Esparto Regional Library-specific events). Connect with the Yolo County Library on Facebook at www.facebook.com/yolocountylibrary.org.

Submitted by Jenny Tan, Yolo County Communication Coordinator

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Assemblymembers Aguiar-Curry and Reyes Introduce Legislative Package Declaring California Still Open to Refugees

Assemblymembers Cecilia Aguiar-Curry (D-Winters) and Eloise Reyes (D-San Bernardino) introduced Assembly Bill 3133 and Assembly Bill 3134 together on the floor of the State Assembly to show their partnership in the fight to protect, support, and welcome refugees in California. The United States has a long tradition of offering refuge to those fleeing violence, conflict, or instability, and California has actively received newly arrived refugees since 1980. “Refugees” are men, women, and children who are forced to flee their country of origin to seek safety in another country due to war, governmental upheaval, or persecution based upon their religion, nationality, membership in a particular social group, or political opinion. Most eventually go home when it is safe, some stay in temporary refugee settlements, and less than one percent must permanently resettle in a different country. AB 3133, authored by Assemblymember Aguiar-Curry, codifies California’s commitment to resettling refugees as part of the United States Reception and Placement program, and specifically prohibits discrimination of a refugee anywhere in California on the basis of race, religion, ethnicity, creed, or sexual orientation. “Refugees in California are welcomed in their search for peace and temporary protection from life-threatening circumstances in their home country.

Once here, these people have historically made significant economic and cultural contributions to our state, including $17 billion in spending power,” said Aguiar-Curry. When they first arrive, refugee-adults without family or friends rely heavily on the federal Refugee Cash Assistance program, which provides up to eight months of federal funds for basic needs while they resettle in a new community.

“California has long held the stance and supported the idea that that accepting and supporting refugees in their resettlement is an imperative humanitarian effort which benefits all of California’s communities. If we truly want refugees to reach self-sufficiency, we must recognize that 8 months may be inadequate to get on their feet. Rather than limiting the transition to 8 months and forcing them to drop further into poverty during their ninth month in California. We should offer an additional 8 months for the transition” said Reyes. The U.S. Department of State’s Reception and Placement Program has cooperative agreements with nine domestic resettlement agencies that work to provide assistance for refugees to settle successfully throughout the country. Services provided include applying for a Social Security card, registering kids in school, arranging medical appointments, and providing social or language services where needed. Refugees are among the most vulnerable people in California.

Submitted by the office of Assemblymember Aguiar-Curry

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Come join in the fun at the Esparto High School All Classes Reunion
Saturday June, 27, 2020
EHS2020REUNION@MRTIMS.COM

Volume 22, Edition 3, March 2020  11
Area Food Distributions
RISE, Inc. manages several food distributions each month in Esparto. Madison Community Committee sponsors a Food Closet in Madison 2 x a month. A Food Closet is also held in the Guinda Grange Hall 2 x a month (2nd and 4th Mondays). Below is a summary of these opportunities. They are also announced in other places in this paper. (Call RISE office 787-4110 for more information.

Food Bank Give-Away on the 4th Monday of each month at the RISE office from 10:00 a.m.-12:00 noon. Free produce distribution on the 1st and 3rd Thursdays at the RISE office from 9:30-11:00 a.m. Volunteers are urgently needed to help with this distribution.

Food and Clothes Closet is open on Wednesdays from 9:00 a.m.-12:00 noon, and on Fridays from 3:00-5:00 p.m. Madison Food Closet is open on the 2nd and 4th Tuesdays of each month from 4:00 - 5:00 p.m. to Madison residents.

Free Produce Distribution
When: 1st and 3rd Thursday
Where: RISE, Inc. office
17313 Fremont St., Esparto
Time: 9:30 a.m. - 11:00 a.m.
BRING YOUR OWN BAG
Any Family in Esparto or Capay Valley are Welcome!
Submitted by RISE Staff

Distribucion de Frutas y Verduras
Cuando: 1º y 3º Jueves del mes
Donde: La Oficina de RISE
17313 Fremont Street Esparto
Hora: 9:30 a.m. - 11:00 a.m.
1 POR FAMILIA
TRAIGA BOLSA
Familias en Esparto y Capay Valley son Bienvenidas
Submitted by RISE Staff

Food Distribution in Guinda
Produce distribution is on the 2nd Monday of the month & produce plus commodities is on the fourth Monday of the month. The time is 10:00 a.m.-11:00 a.m. It is always held at the Guinda Grange Hall.
“VALLEY SENIORS” PROGRAM AT RISE
SPONSORED BY THE YOCHA DEHE
COMMUNITY FUND

If you are a senior citizen interested in having fun, learning and socializing, please join us at the RISE Office, 17317 Fremont Street in Esparto.

JOIN US ON Tuesdays & Thursdays, from 9:00 a.m.-Noon for Guest Speakers, Movies, Arts & Crafts, Games, Day Trips, Health and Exercise Classes. We also serve Lunch.

UNITE CON NOSOTROS los martes y jueves de 9:00 a.m. Al Medio Dia para Oradores Invitados, Películas, Artes y Manualidades, Juegos, Paseos, Clases de Salud y Ejercicio. También servimos Almuerzo.

March 3: Movie & Popcorn/Pelicula y Palomitas
March 5: Rodney Fitzhugh CHP/Orador Invitado, Rodney Fitzhugh del CHP
March 10: Cal Fresh Presentation/Presentación sobre el programa de Cal Fresh
March 12: Liz Romero, Hospice Speaker/Oradora Invitada, Liz Romero del Hospicio del Condado de Yolo
March 17: Custom Greeting Cards w/Jackie/Tarjetas de Felicitación Personalizadas con Jackie
March 19: Field Trip TBA/Paseo este mes será asignado
March 24: Cooking Class/Clase de Cocina
March 26: Game Day/Día de Juegos
March 31: Potluck, Birthdays, and Bingo/Intercambio de Comida, Celebración de Cumpleaños y Bingo

FOR QUESTIONS & UPDATES, PLEASE CALL RISE, Inc. @ 530-787-4110. SI TIENE PREGUNTAS PARA ACTUALIZACIONES POR FAVOR LLAME A RISE, Inc.

Submitted by RISE Staff

It Almost Always Rains in February

The rainfall total for February 1899 was zero. In over 130 years of records at Taber’s Corner, that is the only time, until this year, that there was no rain in February. Considering Leap Day, technically this will become the driest February. Six other times there has been less than a tenth of an inch, but eleven times there has been over 10 inches. Average rainfall for February is 4.37 inches and the record is 16.88 inches in 1998.

In January we received one inch, so for the two wettest months of the year, which average almost ten inches, our total is one inch. The only time there was less rain in January and February combined was 1976 when it rained .40 inches in January and .45 inches in February.

Average through February is 17.13 inches, but the total for the season, which began October 1, stands at 8.51 inches; so we are at less than half. Average rainfall for the rest of the season is a little over five and a half inches, so maybe we can get to two-thirds of the season’s average of 22.76 inches. Submitted by Harmon Taber

“More Fun Than Just Yoga”
Healing Movement Classes

Healing movement classes are being offered twice a week: Mondays 7:00 to 8:00 p.m. at the Countryside Community Church, at 26479 Grafton St., Esparto; and Tuesdays 10:00 to 11:00 a.m. at the Guinda Community Grange Hall, at 16787 Forrerst Ave, Guinda.

Participants report reduced pain and reduced stress. The easy movements are adapted to individual health and ability levels. Yoga, tai chi, qi gung, traditional Chinese medicine techniques, and more are an on-going part of the classes.

The two classes are supported by donations. A portion of the donations are returned to the facilities for their kindness in offering the space. The classes are open to all. Wear flexible clothing when you come. If you have a yoga mat or an exercise mat, you can bring that with you as well.

The classes are led by Candice Schear. She is trained in posture, movement, and anatomy. Participants learn movements and exercises that improve range of motion, coordination, mobility, balance and strength. Candice lives in Guinda with two dogs, five cats and 26 chickens. She is licensed and insured. She also offers therapeutic massage by appointment. Call (858) 232-1005 for more information.

Submitted by Candice Schear

Extended Hours for RISE in March are:
Saturday March 14 from 8:00 a.m. to 5:00 p.m. and on
Monday, March 16 from 8:00—8:00
For more information call (530) 787-4110.
Community Calendar
March 2020

March is Women’s History Month

March 7:  In-N-Out Burger’s “Cover to Cover” Reading Program for children at Library through April 18
March 8:  Daylight Saving Time begins (spring ahead)
March 8:  International Women's Day
March 11:  Career Day at Esparto High School
March 11:  Free Computer Class at Library at 1:30 p.m.
March 12:  Afternoon Family Movie at Library at 3:30 p.m.
March 14:  Growing Grapes at the Library 10:30 a.m.
March 16-20:  Career Week at Esparto Elementary School
March 13:  Kids Night Out 6:00-9:00 p.m. at Countryside Community Church
March 17:  St. Patrick’s Day
March 20:  End of 3rd Quarter at the High School
March 23:  Sweetheart Week at Esparto High School
March 25:  Caterpillar Puppets at 3:30 at the Library
March 26:  Thursday, March 26, 6:30-8:45 p.m. Connected Parenting Workshop at Calvary Baptist Church, 26479 Grafton Street

RISE is offering FREE tax assistance though the VITA program. Call today to schedule an appointment.
RISE estará ofreciendo declaraciones de impuestos GRATIS a través del programa VITA. Llame hoy para hacer una cita.
Esparto Office (530)787-4110
COMMUNITY CALENDAR

AA Meeting: Tuesday at 7:00 p.m. in the basement of the Countryside Community Church in Esparto. 1 hour open.
Spanish AA: Alcohólicos Anónimos: Detrás de El Toro. Los lunes, miércoles, y viernes a las 7:00-9:00 p.m.
Spanish Al-Anon: Spanish Al-Anon: Detrás de El Toro (26628 N. Grafton). Los Martes a las 7:00 - 8:30 p.m.
Al-Anon: Countryside Community Church on Tuesday from 7:00 p.m. to 8:00 p.m.
Calvary Baptist Church: Worship Service at 10:30 a.m. on Sunday at 26479 Grafton St.; weekly Bible Studies, info at www.calvaryesparto.org/bible-study
Capay Valley Christian Fellowship: 11:00 a.m. adult Sunday school; 11:45 a.m. social; 12:10-1:10 worship/children’s Sunday School at the Guinda Community Church
Capay Valley Fire Commission Meeting: meets the 2nd Monday of each month at 6:30 p.m. at the Guinda Fire Station.
Capay Valley Garden Club: 4th Wednesdays, 6:00 p.m., location varies, see Facebook page for more information.
Capay Valley General Plan Advisory Committee: meets every 1st Wednesday at 7:00 p.m. at the Grange Hall in Guinda. Open to all.
Capay Valley Science Club: 4th Mondays, 6:00 p.m., location varies. See Capay Valley Science Club Google Group for information.
Capay Valley Vision Board: meets on the third Wednesday of every month at the Esparto Library at 6:30 p.m. (Meetings are OPEN TO THE PUBLIC.)
Cottonwood Cemetery District: will meet on at 9:00 a.m. on Friday, March 6 in Rm. #204 at the Woodland Administration Bldg. at 625 Court Street
Countryside Community Church: Sundays at 9:00 a.m. Worship Service and Sunday School.
Calvary Baptist Church: Worship Service at 10:30 a.m. on Sunday at 26479 Grafton St.; weekly Bible Studies, info at www.calvaryesparto.org/bible-study
Esparto Ag Boosters: meets on the 3rd Wednesday of each month at 6:00 p.m. in the Ag Department at the high school.
Esparto Citizens Advisory Committee Planning Council: meets 3rd Tuesday at 7:00 p.m. at the Esparto Regional Library.
Esparto Community Services District: meets on the 2nd Wednesday of each month at 7:00 p.m.
Esparto Family Practice: open: Monday, Tuesday, and Friday from 9:00 a.m.-5:00 p.m., Wednesday 2:00-6:00 p.m. and Thursday from 1:00-6:00 p.m.
Esparto Food Distribution: Produce on the 2nd Monday and canned and dried foods on 4th Monday at the RISE office from 9:30 a.m. to 11:00 a.m.
Esparto High School Ag Boosters: meets on the third Wednesday of each month at 6:00 p.m. in the Ag Classroom at the high school.
Esparto Lions Club Meeting: meets on the 1st and 3rd Thursdays at the VFW hall 7:00 p.m.
Esparto Regional Chamber of Commerce: meets monthly on the 2nd Wednesday at 6:00 p.m. at the Chamber Office at 16858 Yolo Avenue. (787-3242)
Esparto Unified School Board Meeting: meets on the 4th Wednesday at 6:00 p.m. in Room A-7 at the High School.
Food and Clothes Closet: open on Wednesdays 9:00-12:00 p.m. and Fridays 3:00-5:00 p.m. at Countryside Community Church. Contact RISE Inc. at 787-4110 for information.
Friends of Esparto Regional Library Board of Directors’ Meeting: the 2nd Wednesday at 4:00 p.m. (except for July and November) at the Library
Legal Services in Esparto: free services offered on the 1st Thursdays of every other month at the RISE office from 9:00 a.m. to 11:00 a.m. Call 787-4110 for an appointment.
Guinda Community Church: Sunday Service at 9:00 a.m.
Guinda Food Distribution: Produce distribution on the 2nd Monday and canned and dried goods on the 4th Monday from 10:00-11:00 a.m. at the Guinda Grange Hall.
Madison Advisory Committee: 4th Wednesday at 6:00 p.m. at the Madison Community Services District. No meetings in May, November or December.
Madison Community Committee: 3rd Thursday at 6:00 p.m. at the Madison Community Services District.
Madison Fire Commissioners Meeting: 1:00 p.m. on the 2nd Monday of each month at the Madison Fire Department at 17880 Stephens Street.
Madison Food Closet: open the 2nd and 4th Tuesdays of each month from 4:00 to 5:00 p.m. at the Madison Community Services District Building
Madison Service District Meeting: 2nd Wednesday at 6:00 p.m. in the District office at 28963 Main Street in Madison.
New Life Christian Center in Madison: Sunday Service at 11:00 a.m. with Jr. Church for ages 5-12. Home Bible Studies on Wednesday.
On Fire Fellowship of Esparto: Sunday service at 9:00 a.m. Bible Study: Wed. at 6:30 p.m. Youth Group: Fri at 6:30 p.m.; Ladies: 1st/3rd Tues 6:30 p.m.
RISE Collaborative Meeting: meets the 3rd Friday at 9:00 a.m. at the RISE office (except August and December).
Rumsey Improvement Association: Potluck dinner and meeting on the 1st Monday. 6:00 p.m. social; 6:30 p.m. dinner; 7:10 p.m. meeting at the Rumsey Hall
St. Martin’s Catholic Mission Church: English Mass: 8:30 a.m. on Sundays; Spanish Mass: 7:00 p.m. on Saturdays at St. Martin’s Catholic Mission, 25633 Grafton St.
Veterans of Foreign Wars (VFW): Western Yolo Post 7143, meets 2nd Monday each month, at Post Home, Orleans St. and Highway 16.
Western Yolo Grange: meetings on the 3rd Tuesday at 6:00 p.m. social, and 6:30 p.m. potluck dinner and meeting at the Grange Hall at 16787 Forrest in Guinda.
4-H: meets at 6:30 p.m. on the 2nd Monday of each month at the Community Center in Esparto.