

Valley Voice Serving Madison, Esparto, Capay, Brooks, Guinda, and Rumsey

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And now Our Feature Presentation!

Movie in the Park was a big hit!!!



Esparto Agriculture Teacher- Jim Schulte: awarded California Agriculture Teachers Assoc. "Teacher of Excellence"

Jim Schulte of Esparto High School recently was presented with California Agriculture Teacher of Excellence Award. The award is given to 10 of the over 800 California Agriculture teachers annually at their yearly banquet this year (June 22,2005 at the Santa Margarita Ranch) in San Luis Obispo. Qualifications include: must have taught a minimum of 10 years, a paid member of California Agriculture Teachers Assoc. (CATA) Held a sectional or regional or state office of CATA. Be a current paid member. Two letters of recommendation must accompany the application from administrators, school board member, or agriculture educator. The rest of the application must show: Professional Activities, Student Accomplishments, Community involvement, Instructional Program that shows outstanding features. Hugh Mooney Vice President of the CATA quoted Principal Stan Dodd that Schulte had six Buck Scholarship winners (all Expenses paid to the college of your choice) and over the past 8 years his students have won over \$1,000,000 dollars in scholarships. Quoting: Jean Landeen Regional Supervisor- Central Region FFA; that he wrote a grant that sent students to Republic of Georgia and started a National Organization of

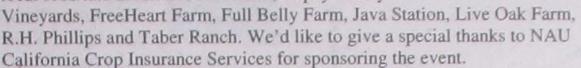
Schulte will be retiring from Esparto High School as of August 1, 2005.

After 29 years at Esparto and one year at Merced. Jim and his wife
Marlene will be traveling to Ukarine & Republic of Georgia visiting
with the numerous students they have hosted over the years the first two
weeks of August. Jim will then be teaching part-time at Woodland Community College; Environmental Horticulture & Plant Propagation.

Mr. Schulte would like to thank all the past students, teachers, board
members, parents, friends and particularly his family for all their support
it was the only way this award was possible.

Capay Valley Vision Update

On June 8, a diverse group of people gathered to celebrate the opening of the new CVV office on Yolo Avenue in Esparto. Many thanks to all who supplied local food and drink: Bloom Ranch, Capay Valley



The new office is open Monday-Friday during regular business hours. In addition to housing CVV, the space is intended to showcase the numerous high quality products and services the region has to offer—a sort of welcome center to the region. In addition, the attractive courtyard in back is available for a variety of events. Stop by and say hello.

At the open house, the board presidents of CVV, Sue Heitman, and the Esparto Chamber, Elizabeth Campbell, introduced a team of UC Davis graduate students who presented their proposals for a local economic development action plan based on conversations with many community members and groups. Their three areas of focus were agriculture, downtown revitalization and regional branding/visitor services. A healthy discussion ensued where many participants affirmed that these strategies were appropriate and, if implemented appropriately, could help to strengthen the region's rural character we all cherish.

Economic development is one of three areas of community planning under the Capay Valley-Esparto Region 2020 project that seeks to create a long-term strategy for community enhancement in the region. The other areas are social and physical development. Please give us a call to find out more.

Ag Task Force

In the midst of the abundant harvest and the long days of summer, the Agriculture Task Force will meet on July 7, 7-9 p.m. at the Esparto Library. Topics for discussion include bar coding products for retail sales, the Yolo County Fair, and planning a harvest dinner.

Housing Report

The Housing Task Force wrapped up its initial year of study to assess housing needs for the region. Staff is preparing a report summarizing the study's findings and suggested action steps that is expected to be available in late July.

Among the task force's suggested actions is the diversification of housing models available for rent and purchase targeted at families working in the region, especially agricultural workers, as well as seniors. A project mixing housing with commercial space and a community resource center has also generated much interest. Toward this goal, CVV is partnering with Esparto Unified School District, RISE and the California Coalition for Rural Housing, as well as nonprofit and private developers, to further develop this concept, identify possible sites, and convene a development team. The S. H. Cowell Foundation, a private northern California foundation, has awarded \$25,000 grant in support of this effort.

New Contact Info

Capay Valley Visions continues to work toward a shared vision for the future of the region and facilitating ongoing collaborative planning. If you are interested in finding out more please give us a call at 787-3353, visit us at 16915 Yolo Avenue, or go online to www.capayvalleyvision.org.

Please note our mailing address (P.O. Box 799, Esparto) remains unchanged.

Ath of July Tri-Tip Dinner Hosted by the Esparto Fire Department Bring your family and friends to this fun filled afternoon of bounce houses and games for the kids. Dinner will be served between 5:00 p.m. and 7:00 p.m. Raffle to start at 7:00 p.m. Must be present to win. At Dusk come and watch the firework display sponsored by the Esparto Fire Department in front of the Fire Station on Yolo Avenue. Tickets for the Dinner are \$15.00 for adults. Children under 9 eat free.

Valley Voice Subscription Service Now · Available!

year we will mail each month's edition directly to their homes! This is a perfect way to keep up to date with all the Capay Valley news and events. All you have to do is complete the order form and include a check (made out to RISE, Inc.) for \$25.00. Mail to: Valley Voice c/o RISE, INC. at PO Box 616 Esparto, CA 95627 or drop off at the office: 16858 Yolo Ave. Esparto.

Let all your friends and relatives know that for just \$25 per

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Biz News from Esparto District Chamber of Commerce

Celebrate summer by enjoying some of the great products and services our local businesses have to offer! Here's a taste of what's available.



This area is all about agriculture, so find out what our local farms are growing and selling at this time of year. Stop by Manas Ranch, 25838 Co Rd 21A, Esparto, for some delicious peaches, apricots and other produce, call FreeHeart Farm in Esparto, 787-4444, for almond products or check out www.fullbellyfarm.com, to see what's new at Full Belly Farm in Guinda.





Hot enough for you? Cool off with a raft trip by contacting Cache Canyon Whitewater River Trips in Rumsey, 796-3091. Or, next time you're in downtown Esparto, treat yourself to something refreshing at Java Station, 16811 Yolo Ave, or Capay Aqua Viva Water and Ice Store, 16939 Yolo Ave, Suite A.



Try a new summer look by making an appointment at Esparto Haircuts, 16903 Yolo Ave, Esparto or The New Reflection, 16822 Yolo Ave, Esparto, 787-3148, then schedule a relaxing massage with Sharon's Mobile Massage, 796-2225.





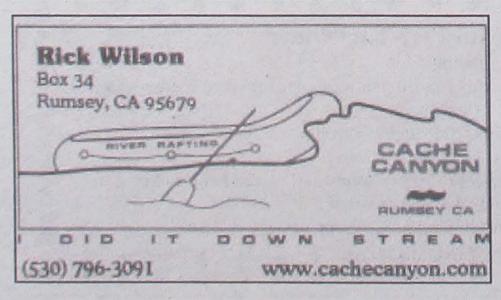
No room for visiting friends and family? Send them to Capay Valley Bed & Breakfast in Capay, 796-3738, or to the area's newest B & B, Rumsey Canyon Inn in Rumsey, 796-2400, for unsurpassed local hospitality. While they're here, treat your guests (and yourselves) to some award-winning wine from Capay Valley Vineyards in Brooks, 796-4110, combine wine tasting with a picnic lunch at R H Phillips, 26836 Co Rd 12A, Esparto, or just stop by for a cold one at Capay Junction, 25051 Main, Capay.

These are just a few of the area's great local businesses. Explore our local community for others and have a good summer!

Email a short description or other information to Pat Meade at mail@westvalleyalpacas.com by the middle of the month to promote your business here in the following month's Valley Voice. Join us at the next Chamber meeting, Wednesday, July 13 at 7 pm at Countryside Community Church. The board meets at 6:30 pm.

James & Deborah Durst 26100 County Road 16 Esparto Ca, 95627

Office (530) 787-3390



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Business-card size: \$25 per month 1/4 page: \$50 per month 1/2 page: \$100 per month Full page: \$200

For more information, and yearly discounts, call 787-4110

The Valley Voice P.O. Box 616 Esparto, CA 95627

For article inquires, call 787-4110, or send an e-mail message to Dennis or Melanie Huitt at valleyvoice2@hotmail.com. For billing inquiries or ad rates, call 787-4110. All articles and ads are due by the 20th of each month. We reserve the right to edit articles at our discretion, due to space limitations. The Valley Voice is published monthly by a community partnership between RISE, Inc., Esparto Unified School District, and contributions from grants, Foundations, and local community service organizations. Articles published do not necessarily express the views of the Valley Voice editor or committee.



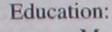


NEWS FROM THE ESPARTO UNIFIED SCHOOL DISTRICT OFFICE...

From the Desk of Superintendent Tom Michaelson:

EUSD IS PLEASED TO ANNOUNCE THE HIRING OF 2 NEW PRINCIPALS ... that will carry on the tradition of high academic standards and experienced leadership for Esparto High School and Esparto Middle School ... Both Cheryl Bremer and Rick Martinez come to Esparto with excellent references and history!

PLEASE EXTEND A WARM WELCOME TO: CHERYL BREMER ... EHS Principal



M.A. Degree - Cal State University, Sacramento - Education B.A. Degree - Cal State University, Chico - Social Science



Experience:

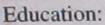
Vanden High School, Travis USD - Vice Principal - 6 Years Vanden High School - Summer School Principal - 5 Years Natomas High School, Natomas USD - 5 Years Teacher, Activities/Athletic Director, Summer School Principal



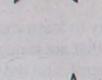
25 Years Experience in Education, 10 Years in Administration Vanden High School - 2005 California Distinguished School Award Strengths: Working with Students, Parents and Staff Esparto High School Alumni



RICHARD MARTINEZ ... EMS Principal



M.A. Degree - Sonoma State University - Education Admin. (In Progress) B.A. Degree - Cal Poly, Pomona- Agriculture Science



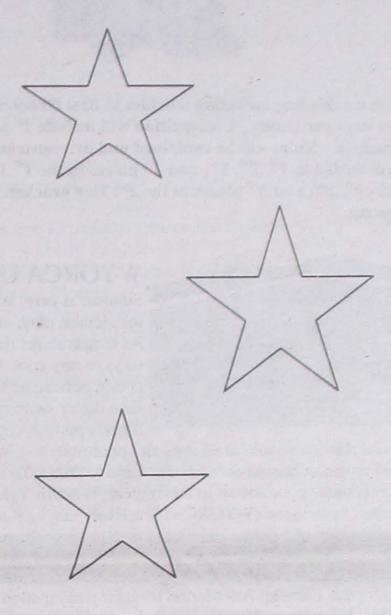
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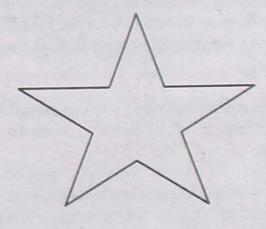
Sierra Plumas JUSD - K-12 Principal - 5 Years Lakeport USD - Lakeport Middle School (4-8) - 2 Years Round Valley USD - High School Principal - 5 Years Teacher, Activities/Athletic Director, Summer School Principal



Other:

Classroom Teaching in Primary, Secondary and Adult Ed - 11 Years High School Biology/Ag Science Teacher/FFA Advisor Past Coaching Activities - Wrestling, Weight Training, Racquetball Retired Non-Commissioned Officer, Army National Guard Experience as Police Officer







ATTRIBUTE FOR SUCCESS: Understanding the "Joy of Strife" ... The only thing better that trying and winning is trying and losing!" ... Unknown





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MARBLE TOURNAMENT AT COUNTRYSIDE COMMUNITY CHURCH AUGUST 6, 2005

COME AND COMPETE FOR PRIZES
Ten A.M. until two P.M.



Free marble bag including marbles to first 60 entries, limited to two bags per family. Competition will include 1st and 2nd Tier Brackets. Rules will be explained and demonstrated. Prizes will be awarded to 1st, 2nd, 3rd, and 4th places in the 1st Tier bracket and 1st, 2nd, and 3rd places in the 2nd Tier bracket. Come early to sign up.



WYORCA Update

Summer is here! It's the season for picnics, play, and swimming. As temperatures rise, we seek ways to stay cool. We have the option of heading to the creek for a dip or swimming at a friend's pool. A community pool

would provide people of all ages an opportunity to take swim lessons or splash around on a hot day close to home. To enhance the recreational opportunities in this region, Western Yolo Recreation Center Association (WYORCA) is actively raising funds for the construction of a public swimming pool to serve the rural communities of Madison, Esparto, Capay, Brooks, Guinda and Rumsey. WYORCA is a recent recipient of a \$1500.00 contribution from the Ecological Farming Association for their participation in the 2004 annual Hoes Down Harvest Festival, a family event focused on celebrating rural living. The contribution was allocated to local community groups that helped orchestrate the festival. With this contribution, WYORCA reached the \$12,000 mark in funds raised through memberships, scrip dollars earned, and annual fund-raising events.

There are several ways you can contribute to WYORCA to continue the efforts of raising funds to construct a community pool in Esparto.

- -Become a new member or renew your membership today.

 -Attend monthly board meetings; become a board member. Currently open are volunteer positions of membership coordinator and community group meeting liaison.
- -Use a Raley's scrip card when you shop at Raley's, BelAir or Nob-hill.

To date, scrip card holders have raised \$1227.00 for WYORCA. By presenting your scrip card when you shop at any Raley's, Bel Air or Nob Hill grocery store, a percentage of your purchases goes directly to WYORCA's pool fund. Simply show your yellow Raley's scrip card to the checker when you buy your groceries. To obtain a scrip card that will help raise funds for a community pool contact Trini Campbell 530-796-4122. For more information about WYORCA contact Melissa Jordan 530-787-3652.

Stakeholders Group Completes Projects

Are you interested in restoring wildlife habitat? Trying to find a solution to a soil erosion problem? Wondering what you can do about your tamarisk and star thistle? If your answer is 'yes' to any of these questions, you should consider joining your neighbors in the Cache Creek Watershed Stakeholders Group. Since 1996, the CCWSG has served as a forum for the local community to discuss natural resource issues and to develop and coordinate plans to address those issues. The Stakeholders Group is an open process. There is no official membership, and there are no dues to pay. Anyone who is interested in or concerned about natural resources in Capay Valley or the Cache Creek Watershed is encouraged to attend the bi-monthly Stakeholders Group meetings. The next meeting will be held Thursday, July 14, 2005 at the Grange Hall, Guinda.

What kinds of things does the Group do? So far, the Group, in partnership with landowners, has been involved in four projects in the greater Cache Creek watershed. The most ambitious project involved

Cache Creek Watershed
Stakeholders Group
Meeting
Thursday July 14, 2005
6pm-8pm at
The Grange Hall, Guinda

Projects for 2005-2006
Demonstration Garden
Presentation
Sub-committee sign up!

For more information contact Jenny Drewitz at (530) 662-2037 ext. 114.

four landowners along Road 45 who had a flooding problem. With help from Yolo County Resource Conservation District staff, the Road 45 landowners wrote a grant proposal that was funded as part of the Partners for Fish and Wildlife program of the US Fish and Wildlife Service. This "sweat-equity" matching grant enabled the landowners to create a 2,000-foot-long grassed swale and several small wildlife/detention ponds as well as plant 2,500 feet of hedgerows along the swale and road with Esparto High School students. In addition to channeling and containing the water that had been running across their fields every winter, the swales and ponds provide additional open water habitat for waterfowl. Once it's mature the project will enhance nesting, wintering and migration habitat for a variety of species.

But not all projects are this extensive. Another landowner, Sumner Stone, in Rumsey had a drainage ditch filled with garbage. The ditch was cleaned out and willow wattles were made and placed along the sides to prevent erosion when rains began. John and Nancy Capitanio, residents of Guinda, had an erosion problem along Hamilton Creek that began with the heavy December 2002 rains (Figure 1). Using the resources of the group, a plan was developed that involved cutting the bank back, planting grasses, and laying down erosion control blankets (Figure 2). The project was a success! With all the rain of the past season, the grasses grew chest-high (Figure 3) and the erosion was halted. Don and Merrie Tompkins have an eroding bank along Cache Creek in Guinda. With help from the RCD and the County they planted over 200 willow tree poles along the base of the bank using a gas powered augur. These willows will eventually grow large, stabilizing the soil and slowing water before it hits the bank thus reducing the erosion.

Even if you don't have projects, the bi-monthly meetings provide an opportunity to learn more about the watershed and talk with like-minded residents. Meetings often have speakers that are brought in by the RCD staff. Past talks have been on seed-harvesting, mountain lions, tamarisk control, and the mercury situation in Cache Creek. You can also get a copy of the Capay Valley Watershed Stewardship Plan, and the Capay Valley Conservation and Restoration Manual. For more information on CCWSG, check out (http://www.capayvalley.com/cachecreekwatershed.htm), or come to the next meeting, Thursday, 6 PM, July 14th at the Grange Hall. Also, watch this column for regular updates from the Group.





Left to Right: Figure 1, Figure 2, Figure 3



Summer Rec Camp

May 31st—August 12th 7:30 a.m.—5:30 p.m.

Room 30 Elementary School

Ages: Entering Kindergarten—8th grade.

Cost: \$35 per child each week.

(Family discount available)

Games Friends
Water Slide Swim Trips
Snacks Arts & Crafts
A whole lot more!!!

For more information contact Dennis Huitt at 908-1052

Capay's Residents want to THANK

all those who recently helped to make our town safer:

Yolo County Board of Supervisors and Staff

Capay Valley Vision

Advisory Committee on Tribal Matters

CalTrans Staff and Management

PG&E

and

EVERYONE who signed our petition

THANK YOU!

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HIV Testing and Counseling

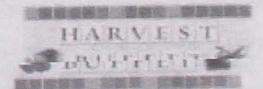
We have personnel to help with the process of applying for Medi-Cal or Healthy Families for Children Many services available at little or no cost to qualifying families

> Same Day Appointments Available Call for an appointment (530) 787-3454



Margaritas Grandel

Dine around





Asian food with a kick.

CACLIE



CASINO RESORT

www.cachecreek.com



Corner Kick

The last opportunity to sign up for Capay Valley American Youth Soccer Organization (AYSO) 2005 season is TUES-DAY JULY 12, 2005 from 5:30-7:30 pm at the Esparto Fire House meeting room. The registration fee at this time is \$50.00 for the first player, \$40.00 for

each additional player per family. Players between the ages of 4-18 and volunteers may register. No experience is necessary. CV AYSO is an opportunity for beginners and players with experience to learn the game of soccer and the rules of fair play with an emphasis on having fun. Players who participated in the 2004 season who had their picture taken may pick up their team and individual photos at the sign-ups on July 12.

This year, the Winters region is offering a one week soccer camp. The CV AYSO region-has been invited to participate. The soccer camp will be from July 25-29 in the evenings for all ages. The cost of the camp is \$25.00 for the whole week. Every player will receive a t-shirt. The focus will be on fun and getting ready for the soccer season. Volunteers are needed to assist with the camp. For more information about sign-ups or the soccer camp, please contact Trini Campbell at 530-796-4100 or Gloria Heredia at 530-661-3201.

In AYSO, everyone plays and everyone volunteers! The next CV AYSO Board meeting will be Monday July 18, 2005 at 6:30 pm at the home Brian Paddock in Esparto.



Work or Bust!

The RISE Inc. summer youth employment program has been an awesome success. On June 2nd 2005 at 9:00am 17 local High School students walked into the Es-

parto Community Hall unaware of what would happen to them over the next six days. Over the next six days the youth would experience one of the most intense and competitive resume writing workshops known to man. Emotions flared and pencils flew, but Cathie Wicks and Miguel Fernandez were able to keep a strong handle on the energetic youth by implementing professional business techniques used by famous facilitators world wide.

In the end the youth learned how to write resumes and communicate better in the adult world. This is no easy task for a young high school person who lives in a teenage world with little adult contact. The workshop focused on helping these youth to improve communication skills and perform well in job interviews.

The following worksites are participating in this summer's youth employment program: Full Belly Farms, Esparto Child Development Center, Yolo County Housing Authority – Madison and Winters Site (housing office and maintenance department), Yolo Panning and Public Works office, Madison Migrant Child Development Center, CA Human Development Corporation, Esparto District Office, Esparto High School, Esparto Middle School, Esparto Elementary School, Esparto Fire Department, and the RISE Inc. Community Service Center. The communities of Western Yolo County thank all the above worksites for their patience and strong commitment to helping our youth.

This program does not just provide summer jobs. It is designed to teach youth discipline and respect for themselves and others. With these honorable traits one can realize their potential. All youth have the potential for greatness, but few ever access it. Ultimately this program prepares youth with the knowledge and experience necessary to take their education to the next level. Weather it be a vocational school, college or self taught career these youth are encouraged to always challenge themselves and achieve greatness. Please contact Miguel Fernandez at the RISE Inc. Community Service Center (787-4110), located in beautiful downtown Esparto, if you are a worksite and would like to have a youth work for you this fall or next summer. Thanks again to all the worksites for your support. For further details and information about the program please contact Miguel by phone at 787-4110 or email at rise miguel@prodigy.net, thank you.



Together Children and Parents Enjoy the Summer

RISE Inc. started their summer program on June 7th with 33 enrolled children. The program consists of various hands on activities that encourage accidental learning through play. Learning that is fun and very interactive which includes reading at the library on Thursdays and swimming every Wednesday. Parents like children have participated in supporting and encouraging children to continue their social skills and even participate in the

activities which are planned on a weekly basis. For those individuals that are still interested in enrolling, this program will continue through August 4th. This program is solely for children from the ages of 1½ to 5 years of age. Please drop by our RISE office located on 16858 Yolo Avenue or call us at (530)787-4110 to ask how you and your child can enroll. We look forward to seeing you!



ESPARTO REGIONAL COLLABORATIVE CONTINUES TO MEET

The Esparto Region Collaborative is still continuing to meet in Esparto on the third Friday of each month. Over 18 community agencies within Yolo County retreat to Esparto to bring all of their valuable expertise and receive information to share with their agency. Each month the collaborative continues to spotlight an agency to give a short five minute presentation regarding their program(s). So far, ten

agencies have been spotlighted at the collaborative, and from these presentations other providers have utilized the services for their agency. It is also a time to brainstorm and go around the table so that important information and up-coming events are shared with the community at large.

The collaborative will be meeting every THIRD Friday of the month. Our next meeting will be on July 15, 2005 from 9:00am to 11:30am at the Esparto Community Center which is located at 17120 Yolo Avenue. If you are interested in being part of very important team and would like to make a difference in the community we invite you! We encourage each agency to bring materials about your agency to share. If you have any questions about the collaborative please call RISE, Inc. at (530) 787-4110.

Esparto Lions Club
Meets 1st & 3rd Thursday
Esparto Community
Center
17020 Yolo Ave, Esparto
7PM

Esparto's Service Club

Come see how you can make a difference in your community!

See Dan Lopez @ the Burger Barn for more info Or call Pres Jon Durst 787-3100







Yolo County Agricultural Production Increased 11 Percent in 2004 Region's Growers Continue To Demonstrate Resourcefulness Despite Intense Global Competition

The County of Yolo released its 2004 Agricultural Crop Report on Friday, including findings that gross valuation of agricultural commodities produced in the county totaled \$338,128,000. The figure represents an increase of 11 percent from the 2003 gross production value of \$304,520,000, and the largest valuation for agricultural products since 1999.

"These findings are extremely heartening both for local agriculture and the county as a whole," said Yolo County Supervisor Duane Chamberlain (District 5). "Even in a challenging global marketplace, Yolo's agricultural production is going strong, with the second highest grossing year ever."

Released annually, the report summarizes the acreage, production and gross valuation of all agricultural commodities produced in Yolo County. success last year in maintaining a tomato processing facility in Wood-

The 2004 report found that tomato processing remained the top commodity, followed by rice, alfalfa hay, wine grapes, seed crops, almonds, organic production, wheat, walnuts, and cattle and calves.

As the county's number one agricultural commodity, tomato processing grossed \$86,111,000 - a 41 percent increase from 2003 - and more than twice the value of the next leading commodity.

Yolo County grower Blake Harlan, manager of Harlan and Dumars, Inc., offered insight into the marked production increase. "Much of our success last year was the result of an increase in acreage due to cannery demand and an increase in tonnage per acre due to nearly ideal growing conditions."

In addition to excellent crop yields, the statistics also reflect the county's

land, and underscore the importance of infrastructure to the region's agricultural economy.

Following tomato processing, the report ranked the gross value of Yolo crops as follows:

Rice - \$40,768,000, partly due to increased acreage and despite lower prices.

Alfalfa hay - \$36,753,000, up 18 percent due to higher prices. Wine grapes - \$33,341,000, continuing their downward trend, as growers grafted vineyards over to more popular varieties. Seed crops - \$21,296,000, up 19 percent due to continuing increase in acreage.

Almonds - \$19,309,000, due to record high prices. Organic production - \$13,693,000, up 29 percent and continuing its 30 year climb in the rankings.

Wheat - \$12,948,000, down 20 percent primarily due to a drop in acreage.

Walnuts - \$11,437,000.

Cattle and Calves - \$10,601,000.

The production figures only partially reflect the overall measure of agriculture's economic impact on the local economy. The study does not calculate net farm income or take into account the value of field labor, processing, transporting, marketing and other farm-related services.

The California Department of Food and Agriculture and the County Administrative Office were consulted in the study. For more information on the County of Yolo and to read the report, visit www.yolocounty.org.

The Capay Valley Regional Farmers' Market invites you to:

BURST ON THE FIRST!

Every first Saturday of the month

10:00 a.m. - 2:00 p.m. at the Esparto Park

April - Pecember

Independence Day Market! Saturday, July 2 10:00 a.m. - 2:00 p.m. Esparto Park

Edibles & Entertainment: Featuring fresh & seasonal fruits and vegetables, eggs, local honey, jams and jellies, breads and other local goods! Enjoy live music by the Putah Creek Muckrakers an old timey bluegrass band, food, and activities.

Kids' Activities: Meet Pilly Pally the Clown and flag making!

Sponsored by: CVV, CAFF, The Food Bank of Yolo County, Java Station, Yolo County and First 5 Yolo

temra@caff.org Information: (530) 756-8518



E-mail: campkebbb@afes.com # www.capayvalleybedandbreakfast.com_



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Deals At Esparto Hardware & Auto Bring this Ad in for 10% off Your Next Purchase. Ask us about how To get a Free Lunch. Kenneth & Lilah Miller Owners







Water Safety for Children

Children and Families Commission

Drowning Prevention Tips

Never leave a child unattended in the water or pool area for any reason. If you must leave the pool area, take the child with you.

Always keep your eyes on the child or children. Designate a child watcher, whether you or someone else.

Talk with babysitters about pool safety, supervision, and drowning prevention.

Pay attention to rules such as "no running," "no pushing," "no dunking," and "never swim alone." Enforce the rules.

Don't rely on swimming lessons or "floaties" to protect your children in the water.

Don't assume a drowning incident couldn't happen to you or your family.

Don't have a false sense of security just because you think the pool area is secure. Always watch your children, whether in the house or outside.

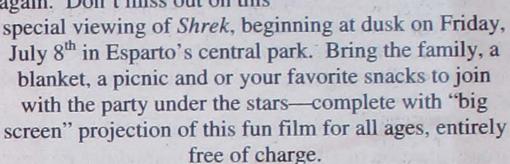
Attend a CPR class. Make sure your babysitter knows CPR.

For the nearest cardiopulmonary resuscitation class, contact your fire department, the American Red Cross, or a hospital.

Encourage your pool-owning friends to follow pool safety guidelines, including keeping their back gates and doors locked and their pool gates securely closed and latched.

Compliments of First 5 Yolo 403 Court Street Woodland, CA 95695 530-669-2475 Next Movie In The Park Planned For July 8th!

Come one, come all to Esparto's second summer MOVIE IN THE PARK hosted by Countryside Community Church! Last month's movie event was such a HUGE success, we decided that we would do it again. Don't miss out on this



This will also be an opportunity for families to learn about summer camp at Westminster Woods for all ages. with Countryside Community Church.

Movie in the Park
Shrek
Friday, July 8th
Beginning at Dusk
Esparto's Central Park
No cost



CAMP!

Once again, Countryside Community Church will be sending their youth to Westminster Woods Camp this summer. They will be going July 24th-30th for Adventure Camp, Sherwood Forest and Railroad.

Adventure Camp lasts for half the week (July 24-27) and this is for 2nd-3rd graders. This is a jungle safari theme so be prepared to bring your binoculars and go exploring.

Sherwood Forest is for all ladies and sirs who are 4th-6th graders. This is a time to become merry men and women of God. Sherwood is even visited by Robin Hood, Maid Marian and the Sheriff of Nottingham. The week culminates with a Town Faire. Railroad is for all of you who are tracking into the 7th and 8th grade. This is a high-energy camp with nightly campfires and an overnight on the Ridge.

Countryside Church is in need of volunteer counselors for all of these camps, so if you are sixteen and older, we could sure use your help.

The week of July 17-23, will be High School camp. This is for 912th graders and this is an absolute blast! All of these camps are
great, but be prepared for lives to be changed and a huge growth
spurt in one's faith. This is an awesome time! Words cannot
give it justice...just send your kids and they will love it!
If you want more information contact the Woods at (707) 8742426 or go to their website at www.westminsterwoods.org. If
finances are an issue...don't let them be. The Woods has scholarships available and wants every kid to be able to go to camp
and so does Countryside Church. If you have any questions, contact Pastor Pamela Anderson at 787-3586 or pastor@countrysidechurch.us. We hope that you are able to join us



Vacation Bible School

Countryside Community Church just finished a very successful Vacation Bible School. We

went on a "Prayer Safari" and had a roaring time. We had over 25 Jr. High and High School aged youth helpers, over 10 adult helpers and over 35 children who participated in this exciting adventure. That means there were over 70 participants at our Vacation Bible School this summer and the final performance by the children was packed with parents, grandparents, friends and of course...video cameras! An ice cream social followed the performance with lots of happy smiles. Our UC Davis youth directors, Julie and Max, also had a chance to promote our youth group (entitled Re-Mix) that meets at 7pm on Sunday nights in the Countryside Church youth room. This is an incredibly cool time so come and join the fun! For more information, call 787-3586 to leave a message for Julie or Max.

Countryside

Community Church

Presbyterian Affiliation
Fremont & Grafton Streets Telephone 530-787-3586

Esparto, Ca
Sunday Morning Bible Study
For Adults and Children at 9:15 a.m.
Sunday Morning Worship at 10:30 a.m.

Rev. Dr. Pamela McNally Anderson, Pastor

on this amazing adventure!



Healthy Swimming

This summer, swimming pools will be filled with millions of people having fun and staying cool. But did you know that germs can contaminate swimming water? Learning about recreational water illnesses (RWIs), which are spread by swimming in contaminated recreational waters, can protect you from illness.

How can swimming make you sick?

Most recreational water illness (RWI) reported is diarrheal illness, which is spread by swallowing contaminated water. In addition, swimming in water contaminated with germs can also cause infections in your eyes, nose, ears and in cuts and

scrapes. Recreational water can also be contaminated by fecal matter rinsed off of the bodies of swimmers. When people are ill with diarrhea their stool can contain millions of germs.

What kinds of illnesses can people get from swimming?

- o Diarrheal illness
- o Skin rashes
- o Ear infections
- o Eye infections
- o Respiratory infections

These recreational water illnesses have been linked to swimming. However, reports to CDC show that diarrhea is one of the most common RWIs.

Can people get an RWI from swimming in the ocean?

Yes. RWIs have been associated with swimming at ocean beaches. Some common germs can live for long periods of time in salt water. Swimmers should always avoid swallowing the water that they and others swim in.

Can people get an RWI from using hot tubs and spas?

Yes. Skin infections are the most common RWI spread through hot tubs and spas. Given that hot tubs and spas have warmer water than pools, chlorine or other disinfectant levels evaporate faster.

Can people get an RWI from swimming in fresh water lakes and rivers?

Yes. Lakes and rivers can become contaminated with germs from sewage, animal waste, water runoff and direct human contamination. Avoid swimming in areas that have been identified as unsafe by health departments. Contact your state/local health department about germ-testing results for local recreational water.

Can people get an RWI from playing and wading in decorative water fountains?

Yes. Several diarrheal illness outbreaks have been caused by playing and swallow-

ing contaminated water in fountains. Not all decorative or interactive water fountains are chlorinated and filtered.

Doesn't chlorine kill all germs found in swimming pools, hot tubs & spas?

Yes, chlorine does kill all germs but it takes time. A few germs can survive in chlorinated water for several hours to several days in pools, hot tubs, and spas and you can get infected.

Why do many RWIs go undetected?

Because people do not think that pool water can make them sick. It can take several weeks before the germs in the water cause illness, so people often don't connect their illness with swimming.

Should some people be more concerned than others about the spread of Crypto (short for Cryptosporidium)?

Yes. Every swimmer should be concerned, but those living with a compromised immune system should be even more concerned.

Do people with compromised immune systems at a greater risk for developing severe of life-threatening illness?

Yes. If you are living with a compromised immune system (such as AIDs, those who have received an organ transplant, or those receiving certain types of chemotherapy) you are at greater risk.

Do swim diapers or swim pants prevent fecal matter from entering the water?

Not likely. Swim diapers are unlikely to prevent diarrhea from leaking into the pool.

What should I do if I see fecal matter in the pool?

Immediately notify the pool attendant or lifeguard.

Should I think the water is safe if I don't see fecal matter in the pool?

No. Just because you can't see these germs doesn't mean that they are not present. How can I protect myself, my family, and others from getting sick?

- 1. Don't swim when you have diarrhea.
- Don't swallow the pool water.
- 3. Wash your hands with soap and water after using the toilet or changing diapers.
- Take your kids on bathroom breaks often.
- 5. Change diapers in a bathroom and not at poolside.
- 6. Wash your child thoroughly.

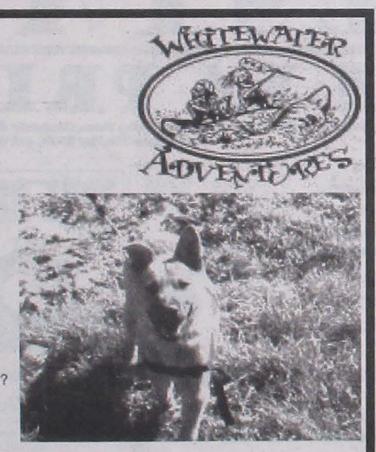
For more detailed information on RWIs visit: www.cdc.gov/healthyswimming

Adoptable Animals Sponsored by

Forest Dog Shepherd Mix

> Size: Medium Age: Baby Sex: Male I.D: Forest

Notes: How could you resist those ears? Forest is a 3- month old shepherd mix puppy who loves kids and playing with other dogs. ID: Forest Internal ID: D99



Yolo County SPCA Davis, CA 95617, CA 530-304-2041

Whitewater Adventures Scholarships



Mark Gholson of Whitewater Adventures was pleased to award two \$1,000 scholarships to Esparto High School graduates. Supervisor Duane Chamberlain presented the first award to Bobbie Jean Coatney. The second scholarship was presented to Reyna Carmina Jacobo Osorio, by Marian Nichols...

Mark Gholson has been presenting scholarships for several years as a way to encourage students to seek higher education and to reach their future goals.

> Patricia Towse Harrison Reallor

Notary Public

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Los niños y los padres juntos gozan el verano

RISE Inc. empezó su programa del verano el 7 de junio con 33 niños matriculados. El programa consiste en varias actividades que alentan aprender accidental por el juego. Aprendizaje que es divertido y muy interactivo y que incluye la lectura en la biblioteca cada jueves y nadando cada miércoles. Los padres como niños han tomado parte en sostener y alentar a los niños para continuar sus habilidades sociales y incluso tomar parte en las actividades que se planean en una base semanal. Para personas que son interesados todavía en matricular, este programa continuará hasta el 4 de agosto. Este programa es únicamente para niños de las edades de 1 año y 1/2 a 5 años de edad. Por favor pase por nuestra oficina de RISE Inc. localizada en 16858 Avenida de Yolo o llame al numero (530)787-4110 para preguntar cómo usted y su niño pueden matricularse. ¡Esperamos verlos!



TORNEO DE CANICAS COUNTRYSIDE COMMUNITY CHURCH AGOSTO 6 del 2005

VEN A COMPETIR Y GANA PREMIOS DE LAS 10 A.M. A LAS 2 P.M.



Las primeras 60 familias en participar podrán llevarse 2 bolsas de canicas. Limite de 2 por familia. La competencia tendrá 2 niveles. Las reglas serán anunciadas con anterioridad. Los ganadores de 1ero., 2do, 3er, y 4to lugar en cada nivel se llevarán premios. Ven temprano y registrate.

Mercado de Agricultores del Valle de Capay Farmers' Market Primer Sábado de Cada Mes Parque de la Comunidad de Esparto 10:00am a 2:00pm

Productos Estacionales Freecas

Percelmente las subcors de passancias locales y estadonales, incluyencia fentas y ventualos luveles deliciones. transus, alastras y falens, miel y panas.

gGueta aventos de la comunidad ectividades para los millos, mercancias y artes crimianos localas,

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TEZ 1

Si quiere proticipar en el mercudo o si quiem más información, entre en contacto con Tenan Costa. Telebone: (530)756-8518 x18 Conco electrónico: tementendi.org www.CapayValleyValen.org

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HELP WANTED

RISE Inc. Esparto After School Program is looking for 3 Recreation Leaders. Must be at least 16 years of age, energetic, enthusiastic, outgoing, and get a long well with children. Positions start Monday August 15th. For more information contact, Dennis Huitt, Program Coordinator at 908-1052. Submit your Resume to RISE Inc. office at 16858 Yolo Ave, Esparto or mail them to PO Box 616. Deadline to submit your resume is Friday July 22nd at 5 p.m.

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Trabajar o quebrar!



El programa de empleo juventud del verano ha sido un éxito impresionante. En el 2 de Junio 2005 en 9:00am 17 estudiantes locales de la Preparatoria anduvieron en el Vestíbulo de la Comunidad de Esparto, ignorante de lo que sucedería a ellos sobre los próximos seis días. Sobre los próximos seis días la juventud tuvo un experiencia muy intenso y competitivo aprendiendo la ciencia de escribir resumes. Las emociones correrán y los lápices volaron, pero Cathie Wicks y Miguel Fernandez manteneros un asidero fuerte en la juventud energética aplicando las técnicas profesionales del negocio utilizadas por famoso mundo de facilitadotes ancho. En el fin la juventud aprendió a cómo

escribir resumes y comunicar mejor con los adultos. Esto no es tarea fácil para una persona de la preparatoria que vive en un mundo adolescente con poco contacto con adultos. El clase enfocó a ayudar estas juventud para mejorar las habilidades de comunicación y realizar bien en entrevistas de trabajo.

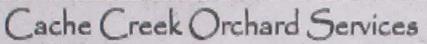
Los siguientes compañías tomaron parte en este programa del empleo de la juventud del verano: Full Belly Farms, Esparto Child Development Center, Yolo County Housing Authority – Madison and Winters Site (housing office and maintenance department), Yolo Panning and Public Works office, Madison Migrant Child Development Center, CA Human Development Corporation, Esparto District Office, Esparto High School, Esparto Middle School, Esparto Elementary School, Esparto Fire Department, and the RISE Inc. Community Service Center. Las comunidades de Condado Occidental de Yolo dan gracias a todos los lugares de trabajo para su paciencia y su compromiso fuerte en ayudar nuestra juventud. Este programa no nomás proporciona los trabajos. Se diseña para enseñar la juventud la disciplina y el respeto para sí mismos y otros. Con estos rasgos honorables uno puede darse cuenta de su potencial. Toda la juventud tiene el potencial para la grandeza, pero pocos lo consiguen. Últimamente este programa prepara la juventud con el conocimiento y experiencia necesario para tomar su educación al próximo nivel. Si es una escuela vocacional, el universidad o una carrera enseñado que estas juventud se alertan a siempre desafiar a sí mismo y lograr la grandeza. Por favor contacte Miguel Fernandez en RISE Inc. (787-4110 localizado en la hermosa centro de Esparto), si usted estas en un lugar de trabajo y querría tener un trabajador de la juventud para su compañía esta caída o próximo verano. Gracias otra vez a todos los lugares de trabajo para su apoyo. Para detalles e información adicional acerca del programa por favor contacto Miguel por teléfono en 787-4110 o manda correo electrónico en rise.miguel@prodigy.net, gracias.



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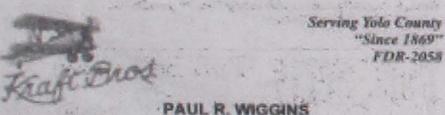




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Guinda Community Church 16681 Forrest Ave., Guinda Sunday Praise Service 9:00 a.m. For further information call 796-3322 Pastor Martha G. Noble

Sunday School 8:45 Community Preschool Mondays 10-12! Bilingual
Call for information on AA, Alanon, & Alateen
Pastor Martha G. Noble (bi-lingual)
Los servicios en los Domingos son ha las 9:00A.M.
(en Ingles Y Español)
Escuelita para los niños de la comunidad en los
Lunes de las 10:00A.M.-12:00P.M.
Mark your calendars:
Catholic Mass will be held on the 1st & 3rd Sun-

days @ 5PM in Spanish.

CALENDAR DETAILS

The Dental office in Esparto is open from 8 a.m. to 5 p.m. every Tuesday, Call 787-4972 to make an appt.

Food and Clothes Closet, more information contact RISE Inc. at 787-4110.

AA meetings

Countryside Community Church, located at 26479 Grafton St. Entrance is on west side of building. Go down the stairs to kitchen. Call Don Bertleson at 787-3322 for more information.

Guinda Community Church, Mondays, Wednesdays, and Fridays at 7 p.m. in Spanish

Home Schooling Cooperative, Call Elvira Paoletti, 908-2471

NVC Practice Group: Learn about nonviolent communication at www.cnvc.org Call 796-4143 for details about group.

WIC Services is located in the Esparto Family Practice office at 17050 South Grafton St. For an appt. call (209) 870-5000.

Capay Valley General Plan Advisory Commit-

(CVGPAC) meets every 1st wed. of the month at 7 p.m. at the Grange Hall in Guinda. Open to the public.

Esparto Citizen Advisory Committee to Planning Council (ECAC) meets every 3rd Tuesday at 7pm in the Wintum Room at the Esparto Regional Library.

Capay Valley Christian Fellowship Women's

Bible Class Meets Mondays at 7:00 p.m. Call

Donna Shera for more information 796-3726

Begining Ala-teen meetings Guinda Community

Begining Ala-teen meetings Guinda Community Church 16671 Forest Ave.

Call Lynn after 5 for details @ 787-4566 or Pastor Noble @ 668-0870

If you would like to get contact information about calendar events in the next meeting please email the editors of the Valley Voice at valleyvoice2@hotmail.com or call 787-4110 to get the information in.



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July 2005

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					3-5pm Food/Clothes Closet 7pm Church of God Span- ish Service 7pm Spanish AA, GCC	2 10-2pm Esparto Regional Farmer's Market 7pm Spanish Mass St. Martin's Church
8:30 am St Martin's Service 9 am Guinda Community Church Service 10:30 am Countryside Community Church Service 11 am Esparto Baptist Church Service 7pm Remix, CCC	9am-1pm Esparto Family Practice Clinic 5-7 Tri Tip Dinner, EFD 7pm Capay Valley Christian Fellowship Women's Bible Class 7pm Spanish AA. GCC	5 8am-5pm Esparto Dental 10-2pm Children's Summer Play Program, CCC 9am-1pm Esparto Family Practice Clinic 4-6pm Capay Valley Vision Board Meeting 7pm AA meeting CCC (open) 7pm FERL Meeting	9am-12 Clothes Closet 9am Mommy & Me, CCC 7pm Nimble Needles, Grange Hall 7pm Church of God 7pm Spanish AA, GCC 7pm School Board Mtg	9am-1pm EFP Clinic 10-2pm Children's Summer Play Program, CCC 6:30-8pm TNT at CCC 7 pm Esparto Lions Club Meeting CC 7-9pm Ag Task Force Meeting, Library	8 3-5pm Food/Clothes Closet 7pm Church of God Spanish Service 7pm Spanish AA, GCC Sundown Movie in the Park, Esparto Park	9 7pm Spanish Mass St. Martin's Church
8:30am St Martin's Service 9 am Guinda Community Church Service 10:30 am CCC Service 11 am Esparto Baptist Church Service 7pm Remix, CCC	9am-Ipm Esparto Family Practice Clinic 7pm CVCFW Bible Class 7pm Spanish AA, GCC 7pm VFW Meeting, Esparto VFW Hall	8am-5pm Esparto Dental 9am-1pm Esparto Family Practice Clinic 10-2pm Children's Summer Play Program, CCC 5:30-7:30 CV AYSO sign ups, EFD 7pm AA meeting CCC (open)	9am-12 Clothes Closet 10-2pm Children's Summer Play Program, CCC 7pm Church of God 7pm Nimble Needles, Grange Hall 7pm Spanish AA, GCC 7pm Chamber Meeting, CCC	9am-1pm EFP Clinic 10-2pm Children's Summer Play Program, CCC 6-8pm Cache Creek Water- shed Stakeholders, Grange Hall, Guinda 6:30-8pm TNT at CCC 7-9pm Recreation Task Force Meeting, Library	9am RISE Collaborative 3-65m Food/Clothes Closet 7pm Church of God Spanish Service 7pm Spanish AA, GCC	16 7pm Spanish Mass St. Martin's Church
8:30 am St Martin's Service 9 am Guinda Community Church Service 10:30 am Countryside Community Church Service 11 am Esparto Baptist Church Service 7pm Remix, CCC	9am-1pm Esparto Family Practice Clinic 7pm CVCFW Bible Class 7pm Spanish AA, GCC	8am-5pm Esparto Dental 9am-1pm Esparto Family Practice Clinic 10-2pm Children's Summer Play Program, CCC 7pm AA meeting CCC (open)	9am-12 Clothes Closet 10-2pm Children's Summer Play Program, CCC 7pm Church of God 7pm Nimble Needles, Grange Hall 7pm Spanish AA, GCC 7pm School Board Mtg	9am-1pm EFP Clinic 10-2pm Children's Summer Play Program, CCC 6:30-8pm TNT at CCC 7 pm Esparto Lions Club Meeting CC	3-5pm Food/Clothes Closet 7pm Church of God Spanish Service 7pm Spanish AA, GCC	23 7pm Spanish Mass St. Martin's Church
24/31 8:30 am St Martin's Service 9 am Guinda Community Church Service 10:30 am Countryside Community Church Service 11 am Esparto Baptist Church Service 7pm Remix, CCC	9am-1pm Esparto Family Practice Clinic 7pm CVCFW Bible Class 7pm Spanish AA, GCC	26 8am-5pm Esparto Dental 9am-1pm Esparto Family Practice Clinic 10-2pm Children's Summer Play Program, CCC 7pm AA meeting CCC (open)	9am-12 Clothes Closet 10-2pm Children's Sum- mer Play Program, CCC 7pm Church of God 7pm Spanish AA, GCC	9am-1pm EFP Clinic 10-2pm Children's Summer Play Program, CCC 6:30-8pm TNT at CCC 6:30 Western Yolo Grange Potluck and Meeting	29 3-5pm Food/Clothes Closet 7pm Church of God Spanish Service 7pm Spanish AA, GCC	30 7pm Spanish Mass St., Martin's Church