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19th Annual Hoes Down **Harvest Festival**

Once again the bustle of the fall harvest season is upon us. It is a sure sign of fall in the Capay Valley when farmers are busy harvesting, the school bus returns our children to school, and people are talking about the upcoming Hoes Down Harvest Festival. On Saturday, October 7, 2006 from 11:00 a.m. to 11:00 p.m., Full Belly Farm in Guinda will host the 19th Annual Hoes Down Harvest Festival.

The Hoes Down Harvest Festival is truly fun for everyone. Children of all ages enjoy running through a Sudan grass maze, flying down from a tractor on a zip line, listening to a captivating storyteller in a teepee, creating crowns from dried flowers, trying their hand at weaving and spinning and so much more. Budding agrarians attend workshops on topics such as composting, weaving, saving seeds, using solar power, milking, cheese making, and much more. Everyone can indulge in the organic farm fresh food, dance to wonderful live music or take a tour of the farm with a farmer.

The Celebration continues with Sunday activities. On Sunday, October 8 farm tours and hands-on activities are planned around the Capay Valley Region. You can find out more or download a registration form for these activities at www.HoesDown.org or call (800)791-2110. This year's activities include the following:

- Olive Qil: Small Scale Production
- Get the Lead Out! Biodiesel Fuel
- Redbud Trail Hike with Yolo Hikers
- Art in the Agricultural Landscape
- Cache Creek River Rafting Trip
- Hedgerows and Birds
- Full Belly Farm Tour
- Sharing Traditional Basket Weaving from the Karuk Tribe of California
- The Bubbling Crock: Preserving the Harvest by Culturing Vegetables
- Chicken and the Egg
- Full Belly Farm Kid's Day Camp

Besides being lots of fun, all proceeds from the Hoes Down go to nonprofit organizations that support rural living and promote sustainable agriculture. Over the past 10 years the Hoes Down has raised over \$100,000 for local organizations including 4-H - Esparto Chapter, Future Farmers of America - Esparto Chapter, Capay Valley Fire Department, Lions Club of Esparto, Western Yolo Grange - Guinda, Capay Valley Vision, Western Yolo Recreation Center Association, Friends of the Esparto Library, Rumsey Improvement Association, Community Alliance with Family Farmers, Center for Land Based Learning, Esparto Education Foundation, Davis Education Foundation, Agriculture Scholarship for Esparto High, and Yolo Land Trust.

Come and join us in celebrating the harvest and our community at the 19th Annual Hoes Down Harvest Celebration. Visit our website at www.HoesDown.org or call us at (800) 791-2110.

Submitted by the Hoes Down Staff

BABY SIGNS" CLASSES ARE COMING TO THE ESPARTO REGION!



The phenomenal "BABY SIGNS" training for parents and their infant children is coming to the Esparto Region! Parents who have gotten involved with "BABY SIGNS" say it increases communication between infants and their parents, helps adults see the world through their child's perspective, and opens doors for more interactive parenting. Program creators say it decreases an infant's frustration at not being able to communicate with words and lowers infant stress; program developers point out that "there is a need to know what is on baby minds, words are hard, the inability of young children to communicate is frustrating, and signs are easy." Researchers have pointed out "signing can be a natural stage in language development; signing has a positive - not negative effect on learning to talk, and signing has been shown to have long term positive effects on IQ scores." Signing with infants six months and older and with early toddlers has also been shown to strengthen the parentinfant bond and increase the child's interest in books.

BABY SIGNS" was created by Dr. Linda Acredolo and Dr. Susan Goodwyn. Dr. Acredolo is a Yolo County resident and professor at UCDavis. Signing has been spotlighted on the "Today" show, several movies, and Dr. Acredolo was a featured speaker at the FERL Speakers' Series at the Esparto Library. Signing is designed for older babies and toddlers - it seems appropriate for children as young as six months, and toddlers as old as two are still very suitable for signing training. Many of the Baby Signs are based on the American Sign Language. (Some gestures have been modified for ease, since babies are still developing fine motor skills.) Signing also appears to stimulate verbal development research has shown that, on average, children who used Baby Signs tested a full year ahead of youngsters who had not used the signing language; signing actually excites children about talking.

Classes are planned to begin in November. The exact dates are being determined. The classes are being offered through a joint effort of RISE Inc.'s Early Learner Programs and Yolo FIRST 5 Special Projects Initiative. If you are interested in receiving more information, please call Cathie Wicks at RISE - 530.787.3433 - or mail your name, mailing address and phone number/email to RISE Inc, 17313 Fremont Avenue, Esparto, CA 95627. Respond now - class size is limited!

Submitted by the RISE Staff

Valley Voice Subscription Service Now available!

Let all your friends and relatives know that for just \$25 per year we will mail each month's edition directly to their homes! This is a perfect way to keep up to date with all the Capay Valley news and events. All you have to do is complete the order form and include a check (made out to RISE, Inc.) for \$25.00. Mail to: Valley Voice c/o RISE, INC. at PO Box 616 Esparto, CA 95627 or drop off at the office: 16858 Yolo Ave. Esparto.

Valley Voice Subscription Form

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Thank you to.....

Dennis and Melanie Huitt who have served as editors of the Valley Voice for the last three and a half years. Their expertise, dedication and experience have made this paper what it is today. They have both moved on to other ventures and new challenges. Their support in the transition to the new editorship was invaluable. Many thanks to both of them and the Valley Voice wishes them the best in their new careers.

Editor

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Contributions

The Valley Voice is soliciting

☆ articles written by members of the Es
☆ parto, Madison and the Capay Valley.

☆ These articles could include:

- Events and activities in the community
- Articles of interest to the members of the community
- Sporting events of our schools, and
 other community sports groups

Articles need to be submitted to the Valley Voice by the 20th of each month. Electronic submission of articles to valleyvoice2@hotmail.com is preferred. Articles may also be dropped of at the RISE office at 16858 YoloAve., Esparto. Pictures must be submitted in jpg format to be published.

Editor

Chamber of Commerce Saturday, October 7 is the "Burst on the First" Esparto Farmer's Market. On this date the Esparto Chamber of Commerce is sponsoring a fund raiser at the Market, (Pumpkins in the Park". To help with this event, please call Elizabeth Campbell at 796-3738. Drop off brochures for the booth at Esparto Hardware. The next Chamber meeting is October 11, 2006. And the next subcommittee meeting for the Almond Festival is on October 3 at 6:30 p.m. at Capay Valley Bed and Breakfast. ********************************

Latino Heritage Month

The Yolo County Board of Supervisors has proclaimed September 15 through October 15, 2006 as Latino Heritage Month in Yolo County. For further information on events during this month call Hugo Martinez at 666-8425 or Angel Barajas at 666-8628.

VALLEY VOICE AD RATES

PERSONAL GREETINGS

\$5.00 per calendar line

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Business-card size: \$25 per month 1/4 page: \$50 per month 1/2 page: \$100 per month

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The Valley Voice P.O. Box 616 Esparto, CA 95627

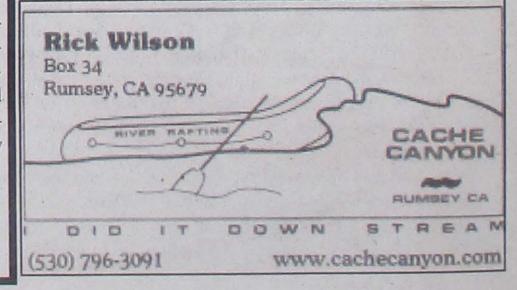
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For article inquires, call 787-4110, or send an e-mail message to Greta Taber at valleyvoice2@hotmail.com. For billing inquiries or ad rates, call 787-4110. All articles are due by the 20th of each month. Ads must be paid in advance and accounts must be paid up to date by the 20th of each month. We reserve the right to edit articles at our discretion, due to space limitations. The Valley Voice is published monthly by a community partnership between RISE, Inc., Esparto Unified School District, and contributions from grants, Foundations, and local community service organizations. Articles published do not necessarily express the views of the Valley Voice editor or committee.



James & Deborah Durst 26100 County Road 16 Esparto Ca, 95627

Office (530) 787-3390



NEWS FROM THE ESPARTO UNIFIED SCHOOL DISTRIC



From the Desk of Superintendent Tom Michaelson:

NEW DISTRICT PERSONNEL.....

Neil Tweedy has been hired as a classroom teacher at Madison Continuation High School:



Please Join Me in "Welcoming" Him to our Community!

HIGH STUDENT TEST SCORES CONTINUE THROUGHOUT DISTRICT......

The 2006 Academic Performance Index (API) Growth Reports were recently released on the California Department of Education website. The State Department of Education uses the data as a way to measure student growth and compare school Progress to state norms and similar school rankings.

- The community will be proud to join in "CONGRATULATING" all of our students and school district personnel!!!
- All three of our comprehensive schools continue to perform over the 700 point indicator in their API growth report which translates into a District-wide API of 730.
- Esparto USD continues to be 2nd in the County next to Davis in its API results.
- Our Middle School and High School continue to be 2nd in the County to Davis in its API results.
- The District continues to emphasize improvement and "Academic Excellence" to all.



| API Scores | 2001 | 2002 | 2003 | 2004 | 2005 | 2006 |
|--------------------|------|------|------|------|------|------|
| Esparto Elementary | 624 | 669. | 705 | 720 | 749 | 748 |
| Esparto Middle | 620 | 707 | 717 | 699 | 735 | 709 |
| Esparto High | 595 | 572 | 668 | 721 | 757 | 747 |
| EUSD | X | 633 | 685 | 705 | 739 | 730 |



We are PROUD of our STUDENTS, TEACHERS AND STAFF!

COMMUNITY SAFETY/FACILITIES PLANNING MEETING SET.....

Sponsored by Esparto Unified School District/Hosted by Esparto Lion's Club

- The Board of Trustees desires to hold a "Public Information Meeting" to discuss:
 - 1. "School Safety" Concerns and the Growing Population in Esparto
 - Home-to-School Transportation
 - Traffic Calming Options (Yolo County Personnel)
 - 2. Facility Projects and Plans
 - Current District Projects Under Construction—Update
 - Future Plans for EMS Multi-Purpose Building-Architect Drawings



Monday, October 16, 2006 7:00 p.m. Boy Scout Cabin-Esparto, CA

- SEVERAL FACILITY PROJECTS Throughout the District are Currently Under Construction......
 - ⇒ Demolition and Replacement of EHS Parking Lo
 - ⇒ Relocation of the Little League Field on EES Campus
 - ⇒ Construction of New Parking Lot and Student Bus Loading Zone at EES
 - ⇒ Beautification Project at Madison High School to include patios, picnic tables, full-court basketball court and redesigned parking lot

REFURBISHING THE ESPARTO HIGH SCHOOL AUDITORIUM

....Two years ago, the Yolo County Board of Supervisors approved a grant submitted by the School District to refurbish the Auditorium located on the High School

Application was a 3-year proposal requesting \$720,000. The District is excited that this historic building (1941 WPA Project) is in the process of becoming a functional venue for a multiplicity of performing arts for both school and community. The renovation project is currently in progress and projected to be completed in the near future.

AFTER SCHOOL PROGRAM WELCOMES NEW DIRECTOR

The After School Program, offered at the Elementary School by RISE Inc., is pleased to welcome new leadership for the Program. Tico Zendejas was just recently hired and has joined the existing staff as the new After School Program Coordinator. Tico attended Woodland Community College and is currently completing his last units for a Bachelor of Arts degree at Sacramento State University. Tico has an extensive background coaching football at the junior high, freshman, and junior varsity and varsity levels. He also has experience coaching baseball (traveling team), tutoring in various subjects, and has been involved in the "Big Brothers Big Sisters" program. Tico adds a new dimension to the RISE staff as an "international volunteer" helping young teens in Central and South America.

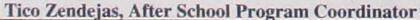
The After School Program is currently fully enrolled and has a significant waiting list of children at the elementary school level. The program will continue to emphasize play, focusing on fun activities after school. Arts and crafts, outdoor play, tournaments and activities, a special sandbox area, and "disguised learning" activities are provided all afternoon, together with snacks, singing, and 'kinder wind-down time." The program boasts five staff (in addition to the Coordinator) and has many special incentives for positive interaction, active play, and good citizenship.

The Middle School Program is closed for re-design and will re-open very soon, within the first two weeks of October. The goals of the Middle School Program are to create strong citizenship, encourage leadership development, engage students in appropriate recreation, and provide a safe, secure after school program option for families. Many Middle School students have stepped out to take on "jobs" to strengthen the program for younger students. The redesigned program will expand on this effort while offering more opportunities for positive interaction, making responsible choices, and having fun.

If you have questions about the After School Program, please call Tico Zendejas at the Elementary School, 787-3417, Ex.124 or through the cell number, 530.908.1052. The Program serves approximately 100 students through a coordinated partnership with the State Dept. of Education, the Esparto Unified School District, and RISE Inc.

Submitted by the RISE staff









Capay Valley Vision Update

Taste of Capay Benefit Dinner & Auction for Capay Valley Vision

On October 22, 2006 Capay Valley Vision will host it's third annual Taste of Capay Dinner and Auction. The Taste of Capay is a benefit for Capay Valley Vision to be held at the beautiful Taber Ranch Event Center. A delicious dinner will be prepared by Sacramento area chefs using local Capay Valley foods. This a showcase event of the Capay Valley and the bounty of our region. We hope you will join us to celebrate our region. Purchase your ticket today by calling the Capay Valley Vision office. Tickets are \$45 per person.

Farm to School Position Available

The Esparto School District and staff are working with Community Alliance with Family Farmers (CAFF) and many community volunteers to start a farm to school program in Esparto. Farm to School programs are happening through out the country and the goal is to get more local fresh food to our children in school. CAFF is currently looking to hire a coordinator for the Esparto Farm to School Program.

Local News

Paul Muller Receives Sustainable Agriculture Award\

Every two years the USDA's Sustainable Agriculture Research and Education (SARE) Program gives out the Patrick Madden Award for Sustainable Agriculture. The award is given to farmers and ranchers who are pioneers in the movement toward a strong, independent, sustainable agriculture and who served as educators in their communities. This year local farmer Paul Muller of Full Belly Farm in Guinda was one of four farmers or ranchers honored with this national award. Congratulations Paul and Full Belly Farm.

Cache Creek Nursery in Rumsey Under New Ownership

After 25 years of operating Cache Creek Nursery in Rumsey owner Frances Burke has decided it is time for a change. She has sold the Nursery to Karen Kane & Lauren Broersma who will be continuing in the nursery business.

For more information, please stop by the Capay Valley Vision office, call us at 787-3353, or visit us online at www.capayvalleyvision.org.

Submitted by the Capay Valley Vision Staff



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Escrements

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Presbyterian Affiliation
Fremont & Grafton Streets Telephone 530-787-3586
Esparto, Ca

Sunday Morning Bible Study For Adults and Children at 9:15 a.m. Sunday Morning Worship at 10:30 a.m.

Rev. Dr. Pamela McNally Anderson, Pastor

Holiday Gift Basket Fundraiser



Having trouble finding the Perfect Gift? Be proud to give a Capay Valley Grown Gift Basket made of locally grown Capay Valley products. A Perfect gift for friends, family, co-workers and employees. They come wrapped in cellophane with a bow ready to go!

Taste of Tuscany

Bloom Ranch Nuts, Cache Creek Lavender Soap, Taber Ranch Olive Oil, Full Belly Farms





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| Company N | lame | |

To place your order call Monique or Julio at (530) 787-3319 or mail to PO Box 799 Esparto, CA 95627.

Dec. Price Total Nov. Baskets Orv Wine and Romance \$50 Taste of Tuscany \$35 Sweet Taste of Capay \$30 *Please Check November or December Delivery TOTALS

Please make your checks payable to Capay Valley Vision. Capay Valley Vision is a California-based 501c3 nonprofit Corporation and donations are tax deductible to the extent allowable by law. Our federal tax ID number is 68-0472371. Visit our website at www.capayvalleyfarmersmarket.com

Esparto Elementary News

Esparto Elementary School is off to an exciting start this new school year, and I am very happy to have the privilege of being the new principal, after serving many years as a teacher at this site. We are growing with approximately 450 students enrolled. Our staff has some new faces: Ms. Susan Redenbaugh and Mrs. Cynthia Sluis - first grade, Mrs. Karissa Gray and Mrs. Hortencia Gaines - third grade, Mrs. Jennifer Spears - fourth grade, Mrs. Anna Blunt - speech therapist, Mrs. Martha Valeriano, Mrs. Vannette Vanderpool, & Mrs. Julie Muller - new yard supervisors, and Ms. Violet Hayes & Ms. Nancy Gonzalez - new members of our aide staff. Welcome to all these new members of the team.

Our Back to School Night/Book Faire on September 7th was well attended and people enjoyed the evening. On Thursday, September 21st the annual EES Carnival was held and everyone had an evening of family fun. Thanks to Mrs. Barbara Thompson & Mrs. Joy Hoffman for helping with the organization of this event, and to all the classroom teachers and their parent & student volunteers who helped to make the event a success. Funds raised by the carnival are shared among all of the classes that participate.

Another project that is going on at EES is called The Empty Bowl Project. Twenty of our fifth grade and 6 middle school students involved in the RISE after school program are making ceramic bowls to donate to a fundraiser at the Wayfarer Center in Woodland. First grade teacher, Mrs. Marie DeGand, with the help of local artist, Mr. Mark Abildgaard, is directing the program. Students will meet for an hour after school on three Tuesdays (9/26, 10/3 & 10/10) to construct the bowls. The fundraiser is designed to help promote community awareness of the problem of hunger in our area and around the world. At a luncheon held at the Wayfarer Center on Oct. 19th, the bowls will be auctioned off. Mrs. Trudie Martin, Capay Valley resident, brought this project to the awareness of the staff & students at EES. We are happy to be able to participate.

The whole family will enjoy Explorit Family Science Night on Thursday, October 5th, from 6:30 – 8:00 p.m. The program is being presented by the Explorit Science Center from Davis through a generous grant from First Northern Bank. We are thankful to Ms. Julie Rose who is organizing this event, and to all the volunteers who have offered to help. Explorit is returning to Esparto again this year because of the wonderful turn out of families last year. Please come and enjoy the evening this year.

If you have students at EES, please mark your calendars for two minimum days not included in the original school calendar. On October 4th and October 13th students will be released after lunch at 12:40 p.m. Teachers will be receiving additional training for the use of our new social studies texts and the technology components that are part of the materials. Thank you for your support of our teachers as they continuously learn in order to do their best for our students.

Ms. Linda Dufault, Principal

Madison High School News

New Mascot:

Madison has not had an official mascot for some time. This year Madison High School has adopted the Swainson's hawk *Buteo swainsoni* as the official Mascot. The choice for this bird was that it is a local bird that needs protection as the number of birds are declining due to human encroachment into it's habitat. The Swainson's Hawk is a beautiful bird that feeds on rodents and insects. The nest is a large stick structure and they travel to Mexico and Argentina during the summer. You will see more of our Mascot in various way, tee shirts, publications and other items.

Submitted by Richard Radcliffe, Principal



Fall Activities

Esparto High School has been immersed in many Fall activities. With Homecoming being at the end of September this year, our student body has been working hard on preparations. Some of the activities in the past few weeks have been Powder Puff football, spirit rallies, a dodge ball tournament, senior portraits, FFA Greenhand convention, recognition of Mexican Independence with a Mexican lunch, Back to School Night, and numerous volleyball and football games. Our first emergency drill of the year was held with 100% student involvement and participation. All of these, as well as regular school activities, keep our students active and involved.

Attendance

As you know, being in school is very important. With the advent of our new student data system, it has become easier to track truancies and absences. Remember, you must either send a note to school or call the attendance office when your student is not in attendance. You have 48 hours to clear absences. Our phone line is available 24-hours a day. Soon our automated phone system will be in effect. This will allow Esparto High School to notify you whenever your student is absent. As with any new system, there are always glitches. Please bear with us as we get the system perfected. If you have any problems or concerns, do not hesitate to contact our office.

Facilities

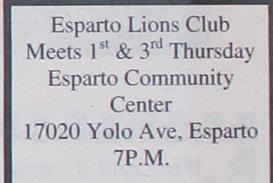
If you have driven by the high school you will notice that the area to the south of the school along Plainfield Street is filled with all types of heavy equipment. We are in the process of getting a new, improved parking lot. During the construction period, parking has been at a premium. But, do not dismay, by the middle of October we should be looking at a shiny, new area with plenty of spaces for our students. This parking lot has been made possible through funding from the Cache Creek Casino. Our auditorium is in its final stages of completion. Recently colors, fabrics, tiles, and paint were chosen. We are now beginning to realize that we will soon have a beautiful venue for performances, student activities, and community events.

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Submitted by Cheryl Bremer, Principal

October Calendar for Esparto High School

| October 3 | CAHSEE for 11,12 grades |
|--------------------------|---------------------------|
| October 3 | Volleyball at Los Molinos |
| October 4 | FNL Training |
| October 4 | .Minimum Day/Staff Meet |
| October 5 | Volleyball @ hone |
| October 6 | Football @ Williams |
| October 10 | |
| October 12 | .Volleyball @ Williams |
| October 13 | .End of 1st Quarter |
| October 13 | |
| October 16 | .Student Senate |
| October 17 | .Volleyball @ home |
| October 18 | |
| October 19 | .Volleyball @ home |
| October 19-20 | Jostens on campus |
| October 20 | . Football @ home |
| October 21 | |
| October 23-27 | |
| October 24 | . Volleyball @ Biggs |
| October 26 | Volleyball @ home |
| October 26 October 27 | . Day on the Green |
| | . Halloween Harvest Fest |
| October 28 | . Football @ Mercy |
| | |



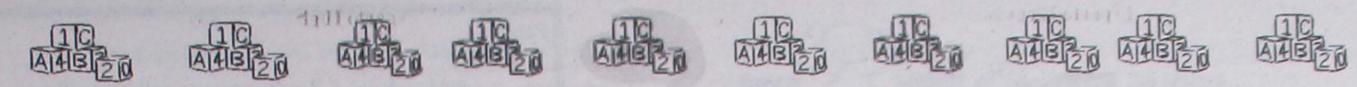
Esparto's Service Club

Come see how you can make a difference in your community!

Call President Marlene Schulte at 787-4441 For more information







Nuestro grupo"Mami y Mi" empezara el jueves, 5 de octubre del 2006.

¡Venga uno vengan todos!! Mamas que están embarazadas o que tiene a un niño dentro de las edades de 0-11/2 son invitadas a asistir nuestra primera reunión de el grupo de Mami y Mí que sucederá dos veces al mes para los primeros dos meses entonces mensual en el primer miércoles del cada mes. Estas reuniones le ofreceran información con respecto al desarrollo de niño, salud y nutricion con presentadores de varias agencias que pueden contestar preguntas que usted tiene sobre preocupasiones en el respeto al salud del niño y el bien de ellos. Habra información con respecto a recursos disponibles, otros servicios publicos junto con algunas actividades divertidas que usted puede hacer con su niño en casa. Nuestra primera reunión incluirá una presentación pequeña de un nuevo programa que se llama "LIBROS PARA BEBES". Vengan acompanarnos y informarce acerca de este Programa. Un premio será dado a los que traen a un amigo.

HORARIO: 9:00 a 10:30 de la mañana LUGAR: Centro Universal de Aprendizaje Temprano

localizado en la Iglesia de Countryside Community en el rincón de las calles de Grafton y Fremont Esparto, CA 95627

Habran Refrescos! TODOS ESTAN BIENVENIDOS

Para mas información por favor de ponerse en contacto con RISE Inc. al numero (530) 787-4110 y hable con Oralia. Patrocinado por RISE Inc. con el apoyo de Primeros 5 Yolo Comision de niños y familias.

FFA News from Esparto High School

Esparto High School welcomes a new member to the Esparto FFA family. Mr. Bole joins us from Yuba City High School, where he taught Ag Mechanics, Life Science, Animal Science, Plant Science, and was an active member of their FFA program. At Esparto High School, he will be teaching Ag Mechanics 1-4, Farm Power, Integrated Science, and will continue to be an FFA advisor. He has several plans for the improvement of the EHS Ag Mechanics branch. He wants to expand our welding program, and add more intensive programs for upper level students. He also looks forward to continuing the woodworking projects. At EHS, he has seen that the students are more respectful, the staff is more helpful, and the community is more involved. In his spare time, he enjoys restoring antique cars, and building street rods.

The chapter is also planning a fund raiser to kick off the FFA year. We will be having a "Halloween Ho Down" on October 27th, 2006 at the Alice Marsh Hall. The festivities will include a haunted house, costume contest, cupcake decorating, fortune telling and many more fall activities! Keep your eyes open for more details on the event!

Congratulations to the newest addition to the FFA officer team: Hannah Muller, Greenhand Representative.

Submitted by Emily Spiers

Our "Mommy & Me Group" to start on Thursday, October 5, 2006.

Come one come all!! Mommies who are pregnant or who have a child within the ages of 0-11/2 are invited to attend our first meeting of the Mommy and Me Group that will take place twice a month for the first two months then monthly on the first Wednesday of the each month. These meetings will provide you with information regarding child development, nursing, health issues with quest speakers who can answer questions you may be concerned about in respect to your child's health and well being. Information regarding available resources, services along with some fun activities that you can do with your child at home will be provided Our first meeting will include a small presentation of a new program called "BOOKS FOR BABES". Come join us and learn about this Program. A prize will be given to those ho bring a friend.

TIME: 9:30 am. to 10:30 am.

PLACE: Universal Early Learning Center Countryside Community Church on the corner of Grafton and Fremont Street Esparto, CA 95627

Refreshments will be provided!

EVERYONE IS WELCOMED

For more information, please contact RISE Inc. at (530) 787-4110 and speak with Oralia. Sponsored by RISE Inc. with the support of FIRST 5 Yolo Children and Families Commission.

Submitted by the RISE Staff

Health in Your World Presented by the Explorit Science Center of Davis Esparto Elementary School Cafeteria Thursday, October 5, 6:30-8:00 p.m.

This special evening of hands-on science is free for the whole family thanks to a generous grant from First Northern Bank. View the many stations designed to make learning about health and healthy choices fun and accessible, including the effects of tobacco on human lungs; how much sugar goes into a 2 liter bottle; and how a healthy heart works better. Explore the human body, fitness, the environment and more, through interactive experiments designed to make learning about health and healthy choices fun and accessible. This free program has been granted to the school and is usually \$600. Enjoy a healthy family night at Esparto Elementary School on Oct. 5 at 6:30 p.m.

Submitted by Ms. Julie Rose





Children and Families Commission

Daily Update For West Nile Virus Human Cases in Yolo County

Woodland, CA-The Yolo County Health Department has no new cases of human West Nile virus in Yolo County keeping our total for 2006 at 25 cases. The following provides data on confirmed human cases to date of West Nile virus in Yolo County in 2006:

Lead Poisoning Still a Threat to Children

Lead poisoning causes serious and often irreversible effects, especially to young children. It can damage a child's body, brain and nervous system leading to short-term as well as life-long problems with learning, thinking and behavior. The good news is that lead poisoning is preventable as long as parents and child care providers are on the lookout for probable sources.

Nearly all of the lead in our environment is there because we put it there. Lead found in dust, soil, old paint and even water usually comes from lead used years ago in home construction—lead that has since leached into the water or dirt or air surrounding it. A 1978 ban on lead-based house paint and a 1986 ban on lead solder used to connect water pipes both help reduce the number of lead poisoning cases. However, many older homes still pose a health threat, particularly to curious little ones who explore the world by touching and often chewing on what they see.

If your home or child care facility was built before 1978, it's important to check all around the interior and exterior of the structure for any traces of old paint. This includes checking to see that old paint was removed, not just painted over. Be sure to go over all surfaces, including walls, doors, doorframes, moldings, windows (wells and sills), woodwork, cabinetry, stairs, railings, porches and fences. If your home or child care facility was built before 1986, have the pipes checked to see what kind of solder was used and be sure to replace any brass or bronze piping.

Chipped or peeling lead-based paint can produce lead dust, which is very dangerous for children to touch or breathe. Outdoors, any soil near buildings painted with lead-based paint may be contaminated and should not be used in play areas or gardens. Food grown in contaminated soil also has been shown to contain lead. If your child lives in or spends time around old buildings, your health care provider should order a test to check for lead levels, particularly at ages one and two.

Lead poisoning is something adults can do something to prevent. In addition to checking your home and child care environment, be sure to pay attention to the following tips: Do not use dishes or toys that contain lead, and look out for imported foods packed in cans with lead solder. Find out what ingredients are in home remedies and imported cosmetics before you use them or have them in the house. Since lead is not absorbed as quickly in well-nourished children, make sure your child eats foods high in calcium, iron, zinc and vitamin C. Stay away from high-fat foods since they increase the absorption of lead. Your children will not only be eating a healthy diet, they'll be helping protect themselves from the hidden dangers of lead poisoning.

For more information, contact the Yolo County Health Department at (530) 406-4906. For more information about First 5 Yolo and its programs and services, visit www.yolochildren.org.

> Compliments of First 5 Yolo 530-669-2475 w www.yolochildren.org

Parents,

Our Pre-Kinder-Ready sessions will begin Tuesday, August 22, 2006 at 9:00 AM to 11:30 AM every Tuesday, Wednesday, & Thursday. These sessions will include children within the age of 11/2 - 5 years of age. See you there!

RISE, Inc. Staff

Harvest Share Dinner

Come to the Harvest Share Dinner on November 5 from 2:00 to 5:00 p.m. in the Alice Marsh Hall. This year Girl Scout Troop 1377 will be hosting the event as a fund raiser for the Friends of the Esparto Regional Library. Proceeds will be used to fund summer reading programs and other special events. A vegetarian option will be offered along with the annual turkey dinner. Volunteers are needed to help prepare food for this event. Please contact Julie Rose at (530)796-3437 or julieski@earthlink.net for more information. Submitted by the Friends of Esparto Regional Library

Important Community Announcement

The Capay Valley Fire Department Auxiliary has decided to take a leave of absence from sponsoring the annual New Year's Eve party which is held in the Guinda Grange each year. So ... if there is another group that might be interested in sponsoring this event, contact Marian Nichols at 796-3424 to reserve the hall and work out the details.

Submitted by the CVFD Auxiliary

Capay Valley Regional Farmers' Market

is held in the Esparto Community Park on the First Saturday of each month.

Saturday, Oct. 7th is our Harvest Festival Market from 9am-1pm.

Pumpkin Carving Contest and other FREE Fun Harvest Activities!

Come listen to Live Old time Jazz Music from Bill Scholer and taste the fresh locally grown produce.

Fruits, Vegetables, Nuts, Honey, Breads, Tortillas, Herbs, Lavender products, olive oil & grapeseed oil.

Free Blood Pressure, Cholesterol, Glucose and Cancer screening available.

Tamale plates, Little League BBQ, Local Agencies, Massage Therapy, Artisans, Dilly Dally the Clown A great Event for all ages!

Other Markets are on the First Saturday of the month, April- December from 9am-1pm.

For more information contact Market Managers Monique Garcia or Julio Cota (530) 787-3319. Visit our website at

www.capayvalleyfarmersmarket.com

Box Tops for Education at Esparto Elementary School

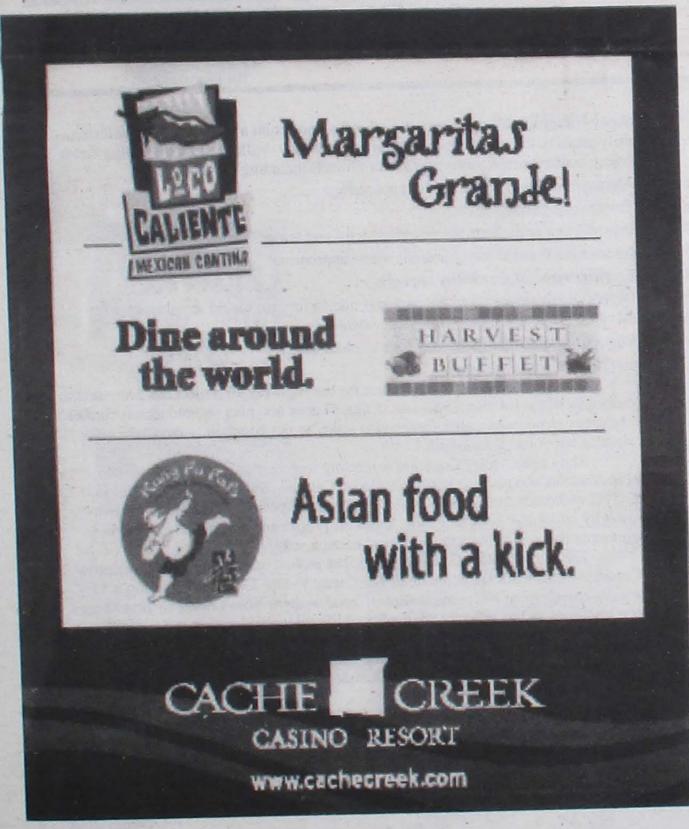
Box Tops for Education has helped America's schools earn over \$175 million in just over 10 years. Learn more about how you can make a difference for your school with Box Tops. Earn cash for your school through everyday activities: buying groceries, shopping online and making purchases with a credit card. All at no additional cost to you! Clip Box Tops from participating brands. Earn up to 8% back for your school when you shop online and 1% every time you use your credit card. With your help and the dedication of your school's volunteer Box Tops Coordinator, your school can earn up to \$60,000 through Box Tops each year. That's as much as \$20,000 each from clipping Box Tops, shopping at the Box Tops Marketplace SM and using the Box Tops Visa® card.

Iris Westerdahl, Coordinator

Tunes in Town

Esparto residents may have noticed the absence of the chimes played regularly at the Countryside Community Church. Church members at Countryside are making an effort to get the system back up and running again. The comfortable sound that once flowed across town everyday may soon be back with us. The Church is asking for help. The cost of a new system, which is needed, is almost \$4000.00. Without the help of our neighbors, we will have a difficult time paying for this expensive upgrade. A donation of a check would certainly help. Giving in this way means that every time the beautiful sound of the new chimes is played, donors would know they had a part in making it happen. Tax deductible donations can be made payable to Countryside Community Church, P.O. Box 156, Esparto, CA 95627. Note that the check is for "Tunes in Town".

Submitted By James Ousy



Todo Sobre Box Tops para Education de la Escuela Elementaria de Esparto

Box Tops for Education ha ayudado a las escuelas de los Estados Unidos a ganar más de \$175 millones en sólo 10 años. Conozca Másobre cómo puede hacer un bien a su escuela con el programa Box Tops. Gane dinero en efectivo a través de las actividades que realiza diariamente: comprar alimentos, comprar por Internet y hacer compras con tarjeta de crédito. ¡Sin tener que pagar un costo adicional! Junte Box Tops de cientos de las marcas participantes. Gane hasta un 8% para su escuela cuando compre en línea y un 1% cada vez que utilice su tarjeta de crédito. Con su ayuda y con la dedicación del Coordinador Box Topsvoluntario de su escuela, ésta puede ganar hasta \$60,000 a través de Box Tops cada año. Lo que representa casi \$20,000 provenientes de los Box Tops juntados, las compras en el Box Tops MarketplaceSM y la utilización de su tarjeta de crédito Box Tops Visa®. Iris Westerdahl, Coordinator

Do you need medical insurance for your children?

Children's Health Insurance now available Medi-Cal - NO Cost



Healthy Kids - LOW Cost Healthy Families - LOW Cost **Health Insurance Covers:**

Check-ups Hospital Services **Immunizations** Dental/Vision Care Prescription Medicine

¿Necesita usted el seguro médico para sus niños?

Seguranzas médico de niños ahora disponible:

Medi-Cal - NO Costo Healthy Kids - BAJA Costo Healthy Families - BAJA Costo

Cubiertas del Seguranza Médico:

Examens regulares preventives Servicios de Hopital Vacunas Atencion de la Vista/ Dentals Servicios Medicos Medicina Recetados Servicios de Salud Mental



For Assistance and Information on Health Insurance for your children, please contact RISE, Inc. Community Service Center at (530) 787-4110, located at 16858 Yolo Ave, Esparto, CA 95627

Fiber on the Farm

At West Valley Alpacas

19190 Road 87B • Esparto • 662-8630 Saturday • October 7 • 10 am - 4 pm www.westvalleyalpacas.com

See spinning, weaving and other demonstrations, take a class and meet the alpacas! No charge for general admission, but there are small class fees. The shop will be open and refreshments will be served!

RISE Inc.

Rural Innovations in Social Economics, Incorporated

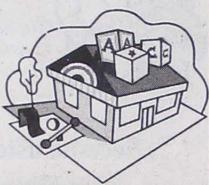
RISE Inc. is a non-profit public benefit organization that provides free services to the Madison, Esparto and Capay Valley communities. Our office is located at 16858 Yolo Avenue in downtown Esparto and we are open from 8:00 A.M. to 5:00 P.M., Monday through Friday. We can be reached by calling (530) 787-4110. We provide a variety of services that encompass the following:

- * Food & Clothes Closet.
- * Play Groups and Activities for Children 0-5
- * Child Care Provider Information
- "Mommy, Daddy & Me" group meetings
- * "Mommy & Me" group meetings.
- * Summer Recreation Program
- * Medi-cal Enrollment Information
- * Healthy Families Enrollment
- * Healthy Kids Enrollment
- * Mental Health Services
- * After-School Program Care
- Valley Voice Newspaper Distribution
- * Translating Information
- Information on Local Resources.
- Referrals to County Agencies.



Se habla español

Drop by and meet our bilingual staff who are available to assist you in meeting your needs.



Save the Date

Wednesday, October 18, 2006, 6 – 9 p.m. OR --Saturday, October 21, 2006, 10a.m. – 2 p.m. (meals served at both)

The Yolo County Advisory Committee Study Steering Committee Presents:

"Help Your County Government Help You!"

A workshop to increase the efficiency and effectiveness of Yolo

County's advisory groups

Tentative Objectives

Participants will:

- Gain a new understanding of how advisory groups serve the Board of Supervisors and Yolo County.
- Provide input on proposals for reorganizing the advisory group structure.
- Share best practices for operating an effective and efficient advisory group.
- Develop action plans for implementing recommendations related to communication, recruitment, recognition, technology, orientation, and training.

Submitted by Ron Voss

Caltrans Highway 16 Project

In a letter dated August 21st from Caltrans to the Capay Valley Coalition, Robert Nguyen, the Highway 16 Project Manager wrote:

"At your request, the Department has re-evaluated our current preliminary design and we were able to reduce the scope of work at Segment 5 between Esparto and Capay. Instead of the curve modification originally proposed at this segment, we will continue to utilize the existing roadbed with some shoulder modifications. Doing so will minimize impacts and help to maintain the rural environment and natural resources of the valley."

For years, Caltrans has insisted that this project has to meet certain design standards, but now they are willing to modifying the project. We encourage community members to continue taking a stand, because for the rest of the project from I-505 to Brooks, Caltrans is planning a drastic alteration of the highway. They plan to:

- * Expand the present width of the roadway by 2 1Ú2 times so that the total width will be 64 feet.
- * Widen, straighten, and flatten the highway to become a 65 miles per hour design standard.
- * Replace our current road with a brand new 2-lane highway: some segments adjacent to and others completely deviating from the existing roadbed.
- * Acquire right-of-way from the owners of 70 parcels through the eminent domain process if necessary.
- * Consume approximately 160 acres of farmland, destroy 10 dwellings, raze historical sites, and bulldoze an undisclosed number of riparian or orchard trees as well as approximately 700 mature Oak and Black Walnut trees.
- * Not address the safety issues in the towns of Esparto, Capay, and Madison.
- * Cost an estimated \$51 million dollars.

The Highway 16 Project maps and a detailed project description can be obtained at Caltrans website: http://www.dot.ca.gov/dist3/projects/ yolo16/documents.htm.

The Capay Valley Coalition is requesting that Caltrans build a safer road that will simultaneously preserve the unique communities of the Capay Valley region by scaling down the project, constructing a series of smaller projects including the following:

- * Maintain the highway on the current roadbed
- Pave existing shoulders
- Provide regular pullouts for slower vehicles and law enforcement activities
- * Install rumble strips and guardrails where appropriate
- End the project at the casino stoplight
- Support implementation of the park and ride facility for casino employees, mandated by the 2002 County-Tribe Agreement
- Bury utility lines along highway for enhanced safety
- *Reduce right of way acquisition

The Final Environmental Report for the Highway 16 project has been sent to the Department of the Interior for review. Caltrans does not plan on holding any further public hearings, yet our long-term future is at stake, so our community must take other steps now for our voice to be heard.

The Capay Valley Coalition is meeting with elected officials to explore project alternatives and plans to legally challenge Caltrans final environmental impact report. CVC welcomes donations to assist in this challenge and encourages citizen involvement by informing your neighbors about the project and writing letters both to our representatives and to the editors of local newspapers.

The Capay Valley Coalition is a 501c4 mutual benefit, non-profit organization. Contributions are not tax-deductible. The Capay Valley Coalition's mission is to preserve the environment and communities of rural western Yolo County by protecting common resources and to enhance the quality of life through education and the promotion of agricultural land preservation, open space, and public safety.

For additional information, please contact Trini Campbell, Secretary. The Capay Valley Coalition Board of Directors includes: Trini Campbell, Anne McDonald, Dru Rivers, Cathy Suematsu; and Matt Trask.

Submitted by the Capay Valley Coalition

AYSO Update:

Teams: We have 15 teams this year and a little over 180 players, up from 160 last year. All teams are doing very well. If the current rate of success continues, we will certainly have some champions. We just concluded our picture day, which was very successful.

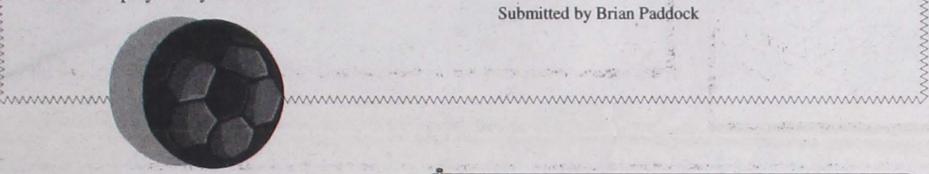
Volunteers: The board and coaches have been putting in many hours to make this season a success. James Ousey, our Coach Administrator has done a magnificent job of recruiting coaches and organizing the teams. Trini Campbell and Anna Brait have put many selfless hours in as Registrars. They inputted over 180 applications to the National database. Our Treasurer, Dawn Lucas has been awesome keeping our books straight. Without these volunteers and our super coaches the kids of the Capay Valley would simply not have soccer this year. Then there is Larry Mayer. Larry and Maria Borges are heading up our referees. Larry is like a rock. He has always been there and always has a helpful perspective. These board members all have regular jobs and really don't have the time but they volunteer anyway because they know it's the right thing to do. We are still looking for more volunteers. Specifically, we need an overall field painting coordinator. This person will coordinate with other volunteers to ensure the fields are marked and ready for play. Additionally we need a post game cleanup volunteer to quickly spruce up the field so we leave the grounds better than we found them. Also, we need referees. Please call Regional Commissioner, Brian Paddock at 787-1725.

Finances: Producing this season has been taxing on the budget and we are seeking donations to Capay Valley AYSO to help us continue to provide a low cost structure to the parents. Funds go towards uniforms, scholarships for those with financial hardships, goals, nets, line paint, insurance, balls, cones, area fees, medals, bathroom rental, mailings, photos, etc. If you would like to help us this year, remember your donation is tax deductible. Please send your donation to PO BOX 44 Esparto CA. 95627.

The Kids: One look in their eyes on that field and you know they love it and it's very much worth the effort!

Games: We have games every Saturday, from 9-12, at either the middle school or the elementary school. Come out and see us play! See you there.

Submitted by Brian Paddock



Jake Pillard Invites YOU to Join the Esparto/ Capay Valley Poultry Group.

4-H Poultry invites anyone who would like to learn about raising chickens. It just not about learning showmanship or exhibiting at the spring show, any poultry project is available. Members can learn about raising good egg layer birds, about eggs, grooming, poultry nutrition, diseases, breeding, and designing a good chicken coop, what can be done to help prevent chickens from getting sick, bio-security practices, and anything else about chickens. You can pick what you want to do and take it as far as you want. 4-H is about having fun and doing the things you like to do. If you like pigeons you can learn about those too! To find out how you can join our Poultry Group just call Jake at: 530-796-3170.



Fresh, organic fruits & vegetables picked for you & delivered to the Capay Valley Vision office in Esparto on Wed. am. To sign up for delivery Call 796-2214



CALENDAR DETAILS

The Dental office in Esparto is open from 8 a.m. to 5 p.m. every Tuesday, Call 787-4972 to make an appt.

Food and Clothes Closet, more information contact RISE Inc. at 787-4110. Open on Wednesdays and Fridays.

AA meetings

Countryside Community Church, located at 26479 Grafton St. Entrance is on west side of building. Call 1-800-970-9040 for more information.

Guinda Community Church, Mondays, Wednesdays, and Fridays at 7 p.m. in Spanish

Home Schooling Cooperative, Call Anna Brait at 796-3801.

WIC Services is located in the Esparto Family Practice office at 17050 South Grafton St. For an appt. call (209) 870-5000.

Capay Valley General Plan Advisory Committee (CVGPAC) meets every 1st Wednesday. of the month at 7 p.m. at the Grange Hall in Guinda. Open to the public.

Esparto Citizen Advisory Committee to Planning Council (ECAC) meets every 3rd Tuesday at 7p.m. in the Wintun Room at the Esparto Regional Library. Capay Valley Christian Fellowship Women's Bible Class Meets Mondays at 7:00 p.m. Call Donna Shera for more information 796-3726

Begining Alameetings Guinda Community Church 16671 Forest Call Lynn after details@ 787or Pastor Noble 668-0870.



If you would like to include calendar events in the next paper, please e-mail the editor of the Valley Voice at valleyvoice2@hotmail.com or call 787-4110.

Armstrong Custom Mowing Aaron & Dawn Armstrong, Owners/Operators

SPECIALIZING IN: ANDSCAPE MAINTENANCE . WEED ABATEMENT . TREE WORK DISKING . ROTOTILLING CLEANUP + HAULING

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Phone/Fax (530) 796-4486 (530) 979-6473



October 2006

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 8:30 a.m. Mass at St. Martin's Church 9 a.m. Guinda Community Church Service 10 a.m. Countryside Community Church Service 10 a.m. CV Christian Fellowship Service 11 a.m. Esparto Baptist Church Service 7p.m. Youth Group CCC | 9a.m1p.m. Esparto Family Practice Clinic 7p.m. Spanish AA, GCC 7p.m. Esparto Lion's Club CC | 8a.m5p.m. Esparto Dental Clinic 9a.m1p.m. Esparto Family Practice Clinic 6:30 Chamber Almond Festival Mtg. at CVB&B 7p.m. AA meeting CCC (open) 7p.m. Nimble Needles, Grange Hall | Walk to School Day 9a.m12p.m. Food Closet 9a.m1p.m. Esparto Family Practice Clinic 7p.m. Spanish AA, GCC 7p.m. School Board Mtg | 7-9p.m. Ag Task Force Meeting, Library 6:30-8:00 p.m. Exploit Science Center at EES "Family Science Night" | 9a.m1p.m. Esparto Family Practice Clinic 3-5p.m. Food Closet 7p.m. Spanish AA, GCC | 9am1p.m. Esparto Regional Farmer's Market "Pumpkins in the Park" 10:00-4:00: "Fiber on the Farm" West Valley Alpacas 11:00-11:00 Hoes Down Harvest Festival at Full Belly Farm 1-3 p.m. Christian Youth Club, Guinda Community Church |
| 8:30 a.m. Mass at St. Martin's Church 9 a.m. Guinda Community Church Service 10 a.m. Countryside Community Church Service 10 a.m. CV Christian Fellowship Service 11 a.m. Esparto Baptist Church Service 7p.m. Youth Group CCC | 9a.m1p.m. Esparto Family Practice Clinic 4-6p.m. CVV Board Meet- ing, Library 7p.m. Spanish AA, GCC | 8a.m5p.m. Esparto Dental Clinic 9a.m1p.m. Esparto Family Practice Clinic 7p.m. AA meeting CCC (open) 7p.m. Nimble Needles, Grange Hall | 9a.m12p.m. Food Closet 9a.m1p.m. Esparto Family Practice Clinic 7p.m. Spanish AA, GCC 7p.m. Chamber Meeting | 10-2:30p.m. WIC, Esparto Family Practice 7p.m. Capay Valley Re- gional Farmer's Market Board Meeting | 9a.m1p.m. Esparto Family Practice Clinic 3-5p.m. Food/Clothes Closet 7p.m. Spanish AA, GCC | 1-3 p.m. Christian Youth Club, Guinda Community Church 7p.m. Spanish Mass St. Martin's Church |
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| 8:30 a.m. Mass at St. Martin's Church 9 a.m. Guinda Community Church Service 10 a.m. Countryside Community Church Service 10 a.m. CV Christian Fellowship Service 11a.m. Esparto Baptist Church Service 12-4p.m. Taste of Capay 7p.m. Youth Group CCC | Red Ribbon Week 9a.m1p.m. Esparto Family Practice Clinic 7p.m. Spanish AA, GCC | 24 8a.m5p.m. Esparto Dental Clinic 9a.m1p.m. Esparto Family Practice Clinic 7p.m. AA meeting CCC (open) | 9a.m1p.m. Esparto Family Practice Clinic 9a.m12p.m. Food Closet 7p.m. Spanish AA, GCC | 26 6:00 p.m. Esparto Little League meeting at St. Martin's Church | 9a.m1p.m. Esparto Family Practice Clinic 3-5p.m. Food/Clothes Closet 7p.m. Spanish AA, GCC | 28 1-3 p.m. Christian Youth Club, Guinda Community Church 7p.m. Spanish Mass St. Martin's Church |
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